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#### Intro



The definition of Mystical is as follows

Of, relating to, or stemming from mysticism or immediate understanding of spiritual matters, especially when experienced as a direct communion with God.

Awe-inspiring or mysterious.

Of mystics or mysticism; esp., relating to or based on intuition, contemplation, or meditation of a spiritual nature.

Inspiring a sense of spiritual mystery, awe, and fascination.

The definition of Adventures is as follows.

#### Verb

engage in a hazardous and exciting activity, especially the exploration of unknown territory.

"they had adventured into the forest"

#### Noun

an unusual and exciting, typically hazardous, experience or activity.

"her recent adventures in Italy"

I have been extremely blessed in my life. We all can live a life full of mystical adventures.

Our human body is hard-wired for that experience. Yet we live our lives obliviously to this. Many people have a life and death experience where they tap into the beyond.

Each one of us will ultimately have this experience when we die. Yet while we are alive we just live a 9 to 5 existence.

I wrote this yesterday.

## Wow !!!

During external chaos.

I say wow I'm alive.

During this Pandemic.

I say wow I'm alive.

During the storming of the Capitol Building.

I say wow I'm alive.

During all the political battles.

I say wow I'm alive.

During this economic crisis.

I say wow I'm alive.

We choose to see how we feel about life.

Life is always changing and is never the same.

Where you put your attention is what you receive in life.

Ponder this over.

What can you focus on which is not external?

That my friend is the key to life.

We all learn to react to this world. A great miracle is going on and we don't have eyes to see. Hopefully, this book might give you some inspiration. Here are some true stories. Your DNA holds the secrets to life.

#### Take Me To Your Leader



I remember when I was a child my Uncle took my brother and me to Bob's Big boy for a chocolate milkshake.

The placemats were a spaceman with the words "take me to your leader".

My brother and I were in so much joy placing these masks over our faces.

In one way we knew that we came from the stars and it

was really funny to see these masks. We knew that these earth and bodies were stardust and could laugh at the joke. Yet we take this life too seriously.

We think this world is so physical yet over 94 years ago Einstein taught us differently. Yet we continue to live and believe so staunchly in this space-time continuum.

My brother and I knew we were special and yet we knew everyone was special but didn't know about it. I remember looking at the stars when I was a child and I knew that I came from far beyond the universe.

Here I was in a tiny human body but something inside of me knew that my consciousness existed everywhere. I was the sun and the stars.

I knew as human beings we could experience this but at the time our western culture never expressed the idea. I remember when I was

probably about 10 years old my yearning for self-discovery began. I began to look consciously for ways to learn about myself.

Whenever I heard the words India or meditation or yoga it would send a chill down my back. I remember trying to get involved with a church but I had a hard time with the concepts.

I felt that life was glorious and incredible. Christianity was trying to make me feel guilty for what 2000 years ago. At the time I had a strong connection with Christ which I still do. It was my own personal and private connection. I felt that religion should be a private experience. I had my own experience with the creator.

At times I would watch the church services on TV but they didn't have any substance. I felt it was a lot of talks and they took advantage of people. I knew at that age if I kept my vision that I would someday have the experience that I was looking for.

I knew the doors were inside of my being but I wasn't conscious of the doors being opened. I knew I needed a direct personal experience with my creator.

My life as a child ran on two levels. I was a happy-go-lucky kid. I loved the world and played to my heart's content. On the other side, my life was very personal.

I wished for the stars and my friends on the other side. I lived in this world but I didn't altogether leave my inner world. I knew there was a purpose to live.

Our culture at that time hardly expressed our desire to become one with our creator. We were taught that when you die you might have the chance to experience your creator. I could never buy that. I knew as human beings we could have a firsthand moment-to-moment

connection with our Lord. It was direct and personal. As a child, I never wavered from that.

At times I would have fleeting glimpses of that experience. I remember waking up and feeling such joy and ecstasy. I knew that in my dreams I went to such an incredible place.

But I didn't have full conscious memory. I knew my friends were looking after me. I felt that in due time I would be shown the way to consciously 24 hours a day to be in that joy.



Newsboys | Take Me to Your Leader | Music Video | 4K60

20K views • 2 years ago



General Specifications - Artist: Newsboys - Song: Take Me To Your Leader - Album: Take Me To Your Leader - Release: February ...

4K

## Prophesy On Maharai Ji Baseball Game



One experience I remember was in little league. I was stepping up to the plate and the catcher Ricky Nixon the nephew of Richard Nixon told me that a young Indian boy born in India would someday come to the west and teach the knowledge of oneself.

Years later after meeting Maharaj Ji this experience filtered back into my consciousness. The Indians believe that the whole universe is being recorded like a video camera. Man has the potential to tap into the



energy fluctuations and bring back experiences from the past and the future.

Take Nostradamus the famous French philosopher. He could foretell the future.

Every human on the face of the planet has this potential but it has

remained hidden. I'm sure that years later Ricky Nixon never remembered saying such a thing. our minds are used as an antenna and prophesize things in the future and yet as humans we are unconscious of it.

I remember years later this episode. Even back then I had signs in my life to relax and enjoy this ride of life. Patience pays off. We just have to be persistent and in the end, everything will come to fruition.

It was kind of funny that years later Richard Nixon became president. I remember during the Watergate crisis I was glad that he had to leave office. Years later I have a different perspective on things.

Before he died I admired him for being a great statesman. He was crucified by the world and yet he came back and carried on with dignity.

My view of him changed. I guess you could say I had love and compassion for him. I felt he was an old wise man for America.

Over the years my feelings and thoughts change. During the Nixon era, I was very much against the war.

I was anti-Nixon but over time we can respect those whose ideas don't follow our own. I am learning to be more open and accepting of other people.

Years later I can see that God always provides hints that he is inside of us.



Ohio- Crosby, Stills, Nash and Young 3.2M views • 10 years ago

Mitch Mumby

Mitch Mumby

We had to do a music video for a song on American History and we decided to do Ohio by Crosby Stills Nash and Young, which .

## Learning How To Ride A Bicycle



## Jimmy Cliff You Can Get It If You Really Want 482K views • 12 years ago



Purchase Jimmy Cliff CDs.

## [Chorus]

You can get it if you really want You can get it if you really want You can get it if you really want But you must try, try and try, try and try You'll succeed at last

## [Verse 1]

Persecution you must fear
Win or lose you got to get your share
You've got your mind set on a dream
You can get it though hard it may seem now

## [Chorus]

You can get it if you really want You can get it if you really want You can get it if you really want But you must try, try and try, try and try You'll succeed at last

I know it, listen

[Verse 2] Rome was not built in a day Opposition will come your way But the hotter the battle you see Is the sweeter the victory now

## [Chorus]

You can get it if you really want You can get it if you really want You can get it if you really want But you must try, try and try, try and try You'll succeed at last

You can get it if you really want
You can get it if you really want
You can get it if you really want
But you must try, try and try, try and try
You'll succeed at last
[Outro]
(You can get it if you really want) I know it
(You can get it if you really want) Don't I show it
(You can get it if you really want) Don't give up now
(You can get it if you really want) Keep on trying

Once upon a time, there was two twin brother named little Ricky and little Johnny. Little Johnny was a genius in picking up and learning new things. While little Ricky was what you would call on the slow side.

It took him hundreds of tries to learn new things.

For example one Christmas morning their wonderful parents presented them both with brand new bicycles. Both of them were so excited. Well, they took them outdoors.

Little Johnny hoped on his and immediately started riding down the block. Well, Little Ricky didn't have the same luck. It was kinda funny to see how clumsy he

was. He didn't give up. He knew deep down inside he could learn how to ride this. It took him about a month.

The first time he realized that he was riding the bicycle he was filled with joy. He was so grateful. I did t. I did it. I didn't give up.

This incident carried him throughout his life. Every time he had to learn something new he remembered the experience of learning how to ride a bike.

Years later his wife said that he learned things so quickly. Little Ricky just smiled. He knew that life taught him such a precious lesson at such as young age. New give up. Preserve. You can learn anything. It may just take your time.

## My Father Teaching Us Exercises



I remember in the sixth grade my brother and I received a series of exercises from my father. My Dad drew each exercise on a brown piece of paper. It was enclosed in a brown folder.

At that time my Dad said these exercises came from the Air Force. I practiced these

exercises for many years. When I began to study yoga I found out that exercises were yoga postures.

It wasn't until 20 years later that my Dad told me that he had a Yoga teacher in the early sixties. Those exercises came from my Dad's teacher.

It was kind of funny for years my Dad couldn't understand my brother and me. When he found out that both of us were on the same wavelength we both laughed.

It was kind of funny that years later I realized that the exercises my dad taught me were the foundation of the exercises I do today. Even back then I was guided in learning about ancient postures which create good health for the body.

I did not have any formal teachers but my brother and I did these exercises every day. To this day it is a foundation for my physical health.

I was lucky as a child my parents were conscious of the foods we ate. We weren't vegetarian but our diet was excellent. Our diet consisted of vegetables, grains, fruits, and poultry.

We only had soda pop for Christmas and Easter. We had some junk food but fortunately, it was controlled. My body thrived on good wholesome food. These habits were easily incorporated into my life later on.

As a child, my brother and I would go to bed between 7:30 and 8:00 every night.

Our bodies naturally followed the rhythms of life. Consequently we hardly ever got sick. I probably was out sick for a week total for my whole 12 years in school.

Subconsciously my life was directed to a healthy lifestyle. My Mom said you can go to bed as late as you want knowing that we would be so tired around 8:00 and we would just fall asleep.

I remember my Mom kissing us good night and we would fall asleep before she got out of the door.

I believe that everything is contained in our DNA. I feel at a young age I tapped into the past where I had this spiritual upbringing where the human body is divine.

At this time none of my friends could relate to this. This is another factor that we can listen to and find guidance from within. We are never alone.



Deva Premal & Miten with Manose: Gayatri Mantra 2009, In Concert

11M views • 12 years ago



Deva Premal & Miten with special guest Manose, (and a tuned in audience) sing the Gayatri Mantra. This is an excerpt from their ...



Father And Son

🦂 Yusuf / Cat Stevens 🗸

Provided to YouTube by Universal Music Group Father And Son · Cat Stevens Tea For The Tillerman @ 2020 Island Records,

#### The Boat And The Whale



One incident that remains to this day is the following. One day, while we were in high school my dear friend Mark Blackburn and his Uncle Carl, took my brother on a boat ride.

It takes probably half an

hour to reach the ocean from where we took off in the harbor. When we got off the harbor we moved left to where we were directly off Big Corona where my brother and I surfed as a kid.

We are sitting there when all of a sudden we feel this tremendous rush of energy with thousands of bubbles underneath the boat. It was kind of scary.

Finally, these huge whales emerge to the surface probably ten feet away. When I saw its eyes it was such an incredible sight. Pure wisdom, kindness, compassion, and supreme intelligence. Today this day probably 46 years later I can still visualize this in my mind's eye.

I have always been in love with dolphins and whales but to see one in the wild like this was truly a gift. I could sense and see the magnificence of such a beautiful creature of God. If he wanted to he could have destroyed the boat but that's not its nature. We need to learn from the dolphins and whales in our lives. They have so much we can learn from.



Carl Sagan - 'A Glorious Dawn' ft Stephen Hawking (Symphony of Science) 12M views • 12 years ago



My own musical tribute to two great men of science. Carl Sagan and his cosmologist companion Stephen Hawking present: A



Symphony of Science -'We Are All Connecte...

melodysheep

## Surfing Experience In France Something Will Happen In India



While I was in France one day I woke up and saw huge waves breaking. The waves were probably 15 feet high. The surfing spot was at Le Barre a famous but now extinct surf spot.

I took off on a huge wave stood up and the next moment I was free-falling down the wave. Back then there were no leases. My board got carried to shore.

Le Barre had a jetty and 15-foot waves were breaking on the rocks. The rip was so strong it was like a river. For the first time in my life, I said "Lord if you exist you had better do something real fast. I closed my eyes and saw an incredible light and a small Indian boy.

The next moment I was on shore. Everybody on shore said it was a miracle. The next day I decided to go to India. As I look back at that experience I feel the hand of grace in my life.

I felt so protected. Here I was only 18 years old but I knew my life was protected. I was about to start the adventure of a lifetime. This was a near-death experience for me.

In the early seventies, I read books about the death experience and my experience closely resembled that experience. I saw a great light that filled my being with bliss that is boundless. I saw a figure which told me without words that everything would be all right.

This experience I knew could be experienced consciously. It didn't have to be a hit-or-miss affair.

I knew a human being could experience the source directly no matter if he/she was sleeping, dreaming, or in an awake state. Man can tap into the source of life.





After my surfing accident, Peter and I started on our trip to India. I was very excited. I knew that something wonderful was going to happen in India.

All of my dreams would come true. We drove from Biarritz to Venice where we stayed two days

with an Italian friend from high school. We drove through Yugoslavia.

At that time it was a communist country. The people at that time were very suspicious of outsiders. They weren't very friendly. The countryside was amazing.

We were high up in the mountains and could see the Mediterranean Sea. Peter would drive and have this harmonica he would play. He was a good player.



John Mayall - Room to Move (The Turning Point, 1970) 634K views · 8 years ago

TheSuperEnigmatic

May seem peculiar How I think o'you If you want me, darlin' Here's what you must do You gotta give me 'cause I can't give the best ...



We drove to Athens in Greece.
We spent a week there. I loved going to the Parthenon. Here I was in the cradle of such an incredible civilization. I was in awe.

We sold our car and took an airplane to Turkey. When we landed in

Istanbul I knew this is where east meets west. This city was so different.

The Muslim mosques were so beautiful. The policeman had submachine guns. I had never seen that before.

I remember staying at this house where a lady came in and said we had better leave because the police were going to raid the place. She said people used drugs and the police were going to bust the place. I felt someone was taking care of me.

I didn't want to end up in a Turkish jail. Especially because I didn't use drugs. That would be hard to prove in Turkey.

We spent a week in Istanbul and then went to Ankara. In Ankara, we had to stay a week because the border was closed.



## Jethro Tull - Aqualung (Official Music Video)

1.8M views • 1 year ago



This song is the first track and the title track on the 1971 **Jethro Tull** album titled 'Aqualung'. Lyrics: Sitting on a park bench Eyeing ...



Jethro Tull: Bourée

8M views • 12 years ago



AVO Session 2008, Basel Jethro Tull: http://www.jethrotull.com AVO Session Basel: http://www.avo.ch.



#### The Sufi Whirling Dervishes - Istanbul, Turkey

1.7M views • 8 years ago



David's Been Here is in Istanbul, Turkey, exploring all the top sites and cultural attractions of the city. In this video, David presents ...



The Shah of Iran was having the 1000thanniversary party for Persia. He didn't want young westerns or trouble to come to his land for this party. I heard that the Shah even built props to hide poverty. I had a friend who went to the party and

he said it was quite the affair. They had air-conditioned tents. The Shah spent thousands of dollars.



While in Ankara we saw the Queen of England in a parade. There were thousands of soldiers carrying submachine guns.

After a week the border was opened and we took trains and buses to Iran. It was

quite a scene traveling. Both Peter and I carried our surfboards and our packs. The trains were quite dirty and packed. We slept on the floor of the train.

The busses were like trains but they had livestock on board. I was getting quite a lesson on life. We arrive at the capital of Tehran. Tehran was quite a beautiful city.

We found out that a week before a young American tourist died the week before. Supposedly she entered a Muslim mosque and was stoned to death.

The reason was that only Muslims could go inside the temple. I met a man from the secret police.

He came up to me and said that he had killed about 30 Americans this year. In Iran, if they found drugs on you, they would shoot you on the spot. What a way to control the drug problem.

We then took buses to the border of Afghanistan. This is where the scenery drastically changed. I felt I have transferred back two thousand years ago.

The Afghanistan people are warriors. Their culture is the same for thousands of years. We were in a high mountain desert. Everyone carried guns or rifles. This was way before the Soviet invasion. I felt I was in an old Wild West town. There was no law or order. The people



were quite nice. But I knew you didn't want to cross them up. The people in Afghanistan smoked a lot of hash. They used this drug like alcohol.

The whole nation used it. The food was quite good. We took a bus from the border and made it to Kabul. Along the

way, we bumped into this Hawaiian named Charley Krusner.

Charley was a great guy and we traveled together. Kabul at this time was a hangout for the European hippies.

The Europeans were heavily involved in drugs. These used a lot of opium. It was quite sad to see people my age addicted to opium.

There was nothing I could do. Many of them simply wasted away. The drug was very cheap and could be bought anywhere. I know a lot of my friends in the states would have loved to be in that environment.

It was an eye-opening experience. For the first time, I saw so many young kids wasted and hanging on to life by a thread.

There were thousands of miles from home. During this time I would meditate each day. I knew something incredible was going to happen to me in India.

I just had the intuition that my dreams would come true. I knew I would meet someone who could show me the way to open the door. I felt protected.

It's a beautiful feeling to know that someone is watching over you. I was thousands of miles away from home and yet I felt great inside. I felt protected.



My main goal was to get to India. Ever since I left France the feeling kept on getting stronger.

I felt such a wave of anticipation that my dream will come true. I had only a short time and it would be shown to me.



I left Kabul and took the Khyber Pass from Afghanistan into Pakistan. The Khyber Pass was used by Genghis Khan. It is one of the oldest trade routes in the world.

Throughout history is has been an important trade route between Central Asia and India. What a radical road. It was all dirt which most of

Afghanistan was.

There were no guard rails and we had these crazy drivers driving as fast as they could down this pass.

The buses were quite different. Each bus would have a different altar depending on which religion they belong to. They would be flowers, incense, pictures, and memorabilia.

We would be driving down this huge mountain on a skinny road. This was the only route from Afghanistan to Pakistan.



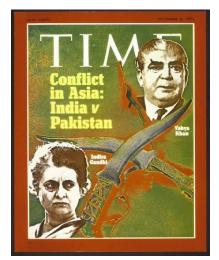
# Afghanistan Traditional Music 260K views • 4 years ago



WN approved music

Traditional music from a war-torn country.

#### Indian Pakistan War



Well, we finally made it to Pakistan. Lahore was a busy city. We only stayed for a few days.

When I was in Pakistan I saw signs saying crush India.

When I arrived in India I saw signs saying crush Pakistan. I arrived at the border of India at the beginning of the Indian-Pakistan war.

The following day the border was closed for 5 years.



The Concert For Bangladesh 50th Anniversary Edition
The Video and Music preserver

George Harrison ~ Wah Wah (50th Anniversary Edition) • 3:30
George Harrison ~ My Sweet Lord (50th Anniversary Edition) • 4:36
VIEW FULL PLAYLIST

First Day In India



My first day in India was incredible. I remember crossing the border. At this time there was a two-mile walk to reach the border check for India.

There were parrots and wild birds everywhere. I felt such a strong

spiritual experience. I was home. It's hard to put in words what I was feeling.

I knew something incredible was to happen to me in India. I was looking for a teacher who could give me a practical experience of who I was.

I remembered being checked by an Indian Tcustoms lady who was famous for busting people for bringing drugs into India. Since I didn't use drugs I wasn't worried. I remember such an aura of peace that came over me.

The sun was just setting and the whole forest was alive. Thousands of parrots were in the forest. The smell was like an incredible perfume in the air. I crossed the border and took an overnight train to New Delhi.

When I got to New Delhi I was very tired and exhausted. I heard rumors that the Sikhs allowed people to stay at their temples.

I went to this huge Sikhs temple. I asked can I stay here overnight. The man said no but there is a huge festival going on down the block.



This festival is for Maharaj Ji a thirteen-year-old boy who just came back from a tour of the west. I remember 4 months earlier reading about him in Time magazine and from my sister. I was intrigued by

how a 13-year-old boy could have such a huge following.



The first person I met was Guy Nouri. He and his Mom came to India to partake in this adventure.



I arrived at the festival site and was escorted to the stage where 1 million people were sitting. It was amazing, a sea of people.

The next thing I knew a young Indian boy walked on the stage wearing a Krishna outfit. He was

wearing a gold crown with jewels and a gold outfit. I was laughing and crying at the same time.

Something inside of me knew I was home, that the experience I was looking for could be shown by this Indian boy. Being eighteen years old



I was very practical that I wanted a direct experience of GOD inside of me.

What this young Indian boy said made sense. He said seeing is believing. If I told you an ant

was 10 feet tall, would you believe me? But if I showed you seeing is believing.

He said don't believe in my words. Take my experience. See for yourself. If you suites your practice if not go on your way.

At this time of my life, this made sense. I have never heard someone saying I can reveal who you are. All my teachers in my past said to believe and maybe someday you will have that experience.

Maharaj Ji said to take the experience, practice it and let the seed bloom into a fruit tree.



Shri Rudram, an ancient Vedic Hymn by Music for Deep Meditation, Vidura Barrios
4.6M views • 8 years ago

Music for Deep Meditation

Shri Rudram is an ancient Vedic text and part of the Krishna Yajurveda. It is a powerful hymn in praise of Rudra, or Shiva.

## Initiation



The following day I packed up my bags and took a train to Prem Nagar, Maharaj Ji ashram near Hardwar is a small town in the foothills of the Himalayas.

For the next two weeks, I listened to discourses about this knowledge. Something inside of me knew that I was

to receive the experience of a lifetime. I knew the door to my soul was to be opened.

Words are hard to express the feeling that was going inside of my being. I knew that in a short time I would be shown and revealed the secret of life itself.

I knew this experience was real. I talked to a lot of people who had this experience and I could tell and sense that something wonderful was going on.

I liked the idea the proof is in the pudding. I didn't want to join a cult or a religious group. I just wanted a direct and continuous experience of the power that is keeping me alive. I knew through practice this could be achieved.



During this time the war between India and Pakistan was going on. Each night air raid sirens were going on and off in the distance we could hear bombs going off.

There was a general blackout at night. Pakistani bombers were only miles away.

Air raid sirens were heard in the distance. At the ashram, the whole place was so serene while in this part of the world people were dying.

Trains of Pakistanis were being massacred going from India to Pakistan and train loads of Indians were being massacred going from Pakistan to India. Such a dichotomy.



Tommy Emmanuel - Initiation 465K views • 15 years ago

D. Kelly

Another from the Sierra Nevada Centre Stage show in early-mid 2002. Great version this one! Still amazes me what Tommy can





I'll never forget my initiation. There were probably about 20 of us in a small room. Maharaj Ji had initiators who revealed his knowledge.

We were in the room while Maharaj Ji was playing on top of the roof directly overhead of us.

The experience that I had that day still sends shivers of joy just merely the thought.



The first technique the initiator revealed was the light technique. I always knew that human beings could see the light inside. This is an actual experience.

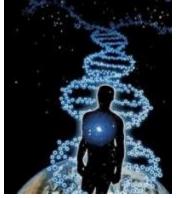
When the initiator touched my forehead I felt this incredible surge of energy. I knew at that

point that something incredible was going to happen.

My whole body and soul sensed it. My conscious completely left this physical existence. A golden circle of light appeared. Inside of this circle a brilliant blue star appeared.

This golden circle of light and this blue star were so beautiful. It was probably the most beautiful thing I have ever seen.

Waves of love, joy, and peace were surging inside my consciousness. All of a sudden the star transformed into a ray, a tunnel of blue light that went on infinitely. I merged with the blue ray. It's very hard



to describe this experience. I was at home. The doors were opened. I was given the keys and it was up to me to cultivate the experience.

I have definite proof that we are more than these bodies. All of a sudden the mystery of life was revealed. I knew the secrets behind all religions.

There was a genuine experience that could be shown and experience. Years later I realized that this experience was an initiation into Lord Michael's blue ray. It was the Jacobs ladder. This experience was the ladder to God. To this day I'll never forget this

experience. It gave me practical proof that God existed. I knew it but this was a practical experience.

It was more real than any outside human experience. I knew that my life was on track. I have waited years to go home and I was shown such a glorious place.

When I returned to this earth and regained physical consciousness my whole body was shaking like a duck.

My body had a hard time. Can you imagine being hooked up to the power plant of the whole universe?

I knew no damage was done. Over time I knew that the body was built and designed to handle that kind of currents. Day by day through mediation man can slowly harmonize with these frequencies and begin to vibrate at this frequency.

# inner music

Three other techniques were revealed. One was the music techniques. I was shown how to listen to the innermost frequencies of life.

Since God is energy, man can be in tune and listen to subtle energy frequencies. Different religions have different concepts of this experience.

By listening to this music over time man is filled with such joy and peace in his life. The mind slowly begins to slow down. In this state, man gets in contact with an energy frequency that is infinite.



This energy is pure love and bliss. The whole universe is composed of this energy. It was is and will always be.

This is the Word of God. Every major religion talks about the Word in some form or another. There is a very simple

technique where a man can be in direct communion with this subtle energy.

When a person first receives this initiation the word is very subtle. The majority of people don't understand the power of this word.

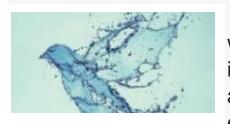
I know a lot of people who took this experience and never really tried it out. Over time I can consciously put myself in direct communication with this Word.

My whole being is instantly filled with such a wave of love and bliss. I'm not there 24 hours a day but I know it is possible. I have had experiences that I was completely taken out of this physical world and taken to a place where there is no time and space.

The only thing that existed was this incredible energy of love. I knew I was at home with my father. This energy exists through all of the creation.

It exists in the manifest and unmanifest. It exists throughout time and space and beyond. All of creation comes from this word. In the bible, in Saint John, the verse goes like this.

In the beginning, was the Word. The Word was with God and the Word was God. Human beings can tune into this experience.



The last experience was one of the living waters or nectar experiences. When a man is in this experience powerful hormones and enzymes are secreted through the endocrine system.

Through the ages, man has learned that he can experience this nectar or living water. Just one drop of this is an incredibly powerful experience.

One drop can take man's consciousness into an altered state. This fluid is very cleansing to the body. When Christ was in the desert for 40 days and nights he lived off this manna.

This experience is energy in its subtle form. It is energy yet it transmutes itself into matter. This experience is very powerful to the endocrine system.

I have had numerous experiences with this nectar. It's probably the most intoxicating drug known in the universe. Unlike a drug that has a side effect, this experience is completely beneficial to the body and soul.

These experiences reveal over time who we are. We are more than our mind and body. We are this source of life.

Each one of us is part of this universal consciousness. We just don't remember it. It's amazing when we were born we came from the source.

Our whole being was this consciousness. Over time we forgot. Years later we have completely forgotten our true existence.

After the initiation, I thanked my creator for revealing himself to me. My dreams come true. I had the tools. Everything made sense to me. I could read the scriptures and understand the hidden meaning. The scriptures were at the same wavelength. I had a lot of respect for the major religions.



Hank Williams Sr... I Saw The Light - 1948 11M views • 9 years ago



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# Mediation Ganges



The following day I was sitting by the Ganges meditating when I completely lost consciousness of this planet. I saw a light more brilliant than the noonday sun.

My consciousness was

flowing into a river of nectar. I felt the whole Ganges River was flowing through me. Maharaj Ji had a beautiful poem by Rumi a great Sufi teacher that sums it up. It goes like this.

There is a palace in the sky without any foundation. A blind man sees a light more brilliant than a million suns. A deaf man listens to the unstuck music.





A lame man climbs up a well and drinks the nectar and becomes intoxicated. The clincher is only a wise man who understands what I'm talking about.

From then on my life was to change drastically. After my initiation and this experience, my life was never the same. I was shown something so incredible that my focus was on this experience. My whole life from

then on was based on practically cultivating this experience. Day by day I was going deeper and deeper into my existence.



My days in India were spent in meditation and spending time with Maharaj Ji.

Mediation was such an incredible experience. I call it going to the movies.

Day by day I was going deeper and deeper into realms I have never been before. Prem Nagar was such a beautiful place.

I was thousands of miles away from home and then again I was truly at home. I was content and full of such incredible bliss. My mind was learning to focus on something inside of me that never changes that is, was, and will always be.

I was learning how to be connected to that experience twenty-four hours a day. I practiced meditation liked how I surfed with joy and the thrill of riding the wave of life.



To this day I'm still blown away that this experience is lying dormant inside of humanity just waiting to be discovered. We are searching for the jewel and the jewel is hidden inside of each one of us.

Over time it's not all bliss and roses with this experience. I had to face my mind. The mind is such a powerful thing. It can be your friend or enemy.

I learned over time to become its friend. In the beginning, at times I thought I would go crazy. The mind was constantly chattering. I would sit for hours and at times I wanted to get up and just forget the whole thing.

But then I would break through. Then the experience would rush in and completely saturate your being. You are bliss. I felt that I had to break down the door.

Over time I walked through the door and my mind hasn't bothered me in this way since. I'm not saying my mind doesn't bother me at times it does.

But when I close my eyes or put my connection to this Word of God my whole being is filled with bliss. In the beginning, it took tremendous effort to have this kind of experience. In the beginning, you meditate on the experience. Years later the experience meditates on you.

I remember that on a few days before Christmas the whole ashram took a train ride from Hardware to Patna a city in Bihar India. Bihar is one of the poorest states in India.



The scenery was beautiful. We were traveling on this old funky Indian train. We would see swamps that were full of Lotus flowers. Wildlife was everywhere.

Maharaj Ji was having a three-day program. I remembered at the festival there were probably a million people there.

At one point in the festival, the Arya Sumaj attacked the festival. I'm not sure how many people died. This group caused a lot of trouble in India.

It was kind of scary to sit on the stage watching fighting only a half-mile away. India was quite a different place. The people were quite friendly. They liked westerners. The Indian people, in general, had a strong conviction for God.



Before leaving Bihar my friend Peter left to go back to America. I loaned him the money which I got back in South Africa. The westerns left in January.



There were only a few of us left. I spent my remaining time in Delhi. I remember I would meditate and go into town. The Indian food was great.

I bumped into the son of James Arness. His father was a famous actor in Hollywood. He

played in Gunsmoke on TV. He had a son (Rolf) at the time was a world champion surfer.

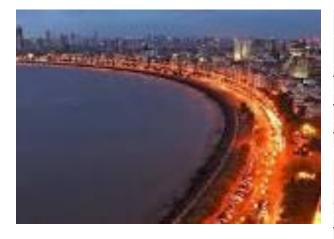


It was quite funny meeting him. I was buying a kilo of cashews for one dollar. I just started talking to him.

During this time Maharaj Ji was planning to go to South Africa. He needed a few westerners to go and help set up the necessary arraignments.

Somehow Maharaj Ji's mother asked me to go. So in early February, we embarked to Bombay.

### Finding Bombay Ashram



We took a train from Delhi to Bombay. Maharaj Ji was in Bombay for a week. Upon reaching the train station I realized that I lost the directions to the ashram.

I just laughed and knew that everything would be all right. I was traveling with three western girls. I

said let's go hop in a taxi. We got in the taxi and the driver said where you want to go. I said we will direct you.

Bombay is a huge city. None of us have been there and he couldn't believe it. But he did as he was told. I close my eyes and received directions on where to go. Left-right etc.

After about 45 minutes of driving, I told the driver to stop. We got out of the car knocked on the door and walked right into the ashram. I never told Maharaj Ji how we got there. It was just a matter of fact.



# Asokananda Incident



While we were in Bombay one day I was in Maharaj JI's room when all of a sudden he got off his bed stood up and started to wave his hands

towards one of his Initiators

Asokananda. The hair on his whole body stood up. It looked like he put his hand in a light socket. He was yelling please Maharaj JI, stop it.

After about 20 seconds Maharaj Ji's hand fell to his side and Asokananda was back to normal. Being an eighteen kid that I was I said Maharaj do you want to zap him once more?

Maharaj Ji said sure and for just a fraction of a second, he raised his hands and put electricity back into him. Maharaj Ji was electrocuting him. We all laughed.

This was the first time that I spent close time with Maharaj Ji. There were only a few westerns there. It was so beautiful to play with Maharaj Ji and at the same time have such great respect for him.





# Getting Drunk On Water

The state of the s

Before we left for Kenya Maharaj Ji asked us if we wanted any holy water. Holy water is a custom in India where the master places his foot in the water.

I had only a canteen and Maharaj Ji placed his foot inside of the canteen. We all laughed. The next day we headed out for Kenya.

On board, the plane was Kali, Kathleen, and Tess. These were the three girls I traveled with from New Delhi. On board the plane we drank the water from the canteen.

All of us got rip-roaring drunk. I've been drunk before that one or twice but this was a drunk of joy. We all somehow managed to saunter off the plane.

We spent a few days in Nairobi. Tess's parents lived on the outskirts of town. Kenya was an incredible country. Parts of it looked like England.

We relaxed for a few days. I remember one moment at Tess's house. I was meditating in the backyard with I opened my eyes and saw Maharaj Ji standing there.

He was laughing and laughing. I remember in Bombay asking him if we were to make it to South Africa. We were going to hitchhike from Kenya to South Africa. He said we would but we were going to have a hell of a lot of adventures along the way.



# Simon & Garfunkel - Bridge Over Troubled Water (Audio) 24M views · 9 years ago



Simon & Garfunkel J

Lyrics: When you're weary, feeling small When tears are in your eyes, I'll dry them all (all) I'm on your side, oh, when times ge

# Search For Oneself "The Quest"



Ultimately I discovered that the search for oneself has to be done by yourself. A teacher may give you the tools but you have to utilize them. It is our responsibility to make this quest.

Of course, at times it is very difficult. We learn a lot of lessons on the way. Each one

of us is on a journey. We are our teachers and student on this journey.

I have different lessons that you have. Each one of us is truly unique. I feel that we are on a quest to find ourselves. We are here to have a complete understanding of life.

Man will never stop growing. The pursuit of knowledge is ingrained into our very essence. We are beings in the pursuit of knowledge. We are wondering who I am.

What is my purpose on this planet? Where I'm I going? All of us deep down have this inner calling. It is a part of our DNA makeup. For thousands of years, man has been yearning to find out the answers.

Man ultimately learns that the search exists inside. We have looked for all the answers outside while the real answer lies inside our very own beings. We are our teachers.

We may have help on the way from outside teachers but ultimately it is up to each one of us. I feel so fortunate that throughout history our planet has been blessed by teachers who have dedicated their lives to helping mankind. Let's take their wisdom and knowledge and transform this planet.



I have learned that over time to be more compassionate and loving towards people.

Let's accept this human race and let's go on from there. We all want peace on earth. Let's open up our hearts.

Over time I realize that we are our best teachers. We are the ones who open up the

door. Only we can transform ourselves.



Robert Plant & Alison Krauss - Searching For My Love (Official Music Video) 472K views • 5 months ago



The official music video for Robert Plant and Alison Krauss' "Searching For My Love" from their album 'Raise The Roof'. Subscribe ...

### Meditation 10 Hours A Day



There was once a time in my life when I had the chance to meditate as much as I wanted. All of my worldly concerns such as food and a roof over my head were taken care of for me.

This was during the seventies. I remember waking up early in the morning and meditating for hours on end. It was an incredible experience.

Each day it was Surfing the inner wave. My whole being would be completely saturated with love and bliss and would just go deeper and deeper.

At times I would be conscious of this human body. I would be in the presence of universal conciseness of pure love. Each day my body and mind would take the experience and absorb it.

Over time I just could simply close my eyes and just be taken away. I wasn't afraid of death because each day I die and come back to life.

I read books back then on the death experience and my experience and those were definitely on the same boat.

I did this not to escape from society but because I wanted to know the answers about life itself and consciousness. I had the time and I was in an environment where I could spend this time.

I felt I was the luckiest human in the world. My whole being was radiating bliss and the power of love. I felt in one way like an astronaut going into space.

I was exploring uncharted territories of consciousness. I saw that the power of love exists inside of us and we can tap into it consciously. We are so much more than our bodies.



At times I experience a power more powerfully than any power in this physical universe. I saw a brilliant light that existed everywhere and was blinding.

This light was loved itself. I heard a loud hum-like noise that was full of harmony. My whole being was drenched in a universal substance that was nectar-like.

My whole being was energized. It is so hard to describe this experience. I feel every human being on the face of this Planet is looking for this. We are looking for the power of love in our lives.

We go out and search for it every moment and we can't find it. We need to look in the right place. I spent from 1971-1979 daily meditating for hours on end.

This gave me a foundation where I could take this experience and integrate it into the world. During this time all of my friends were already finished college, and had families already.

I started 10 years later but in my eyes it was perfect. I built a spiritual foundation in my life. I learned a lot about myself and this universe.

I learned the most important thing that Love is the most important thing to hold on to. We are all here to help each other. None of us is greater.

We are all in the same boat. So let's help each other. We all have different gifts to offer the world. I have years of experience in going inside.



I just want to share my experience with you. We are never alone. We have friends who are looking after us.

For the past 10 years, I haven't

meditated for hours on end. I have a family and a great job in Hawaii. I am now bringing my experience into my daily life.

I just want to be an example. I have nothing to prove or want to convince anybody. I am just trying to live in harmony with this earth and universe.

If you met me you would have no idea of who I am. I don't broadcast my ideas at work. I believe in not forcing any ideas on anybody.

I'm not here to convert anybody to a particular way of thought. I just simply live my life.



SHAMANIC DRUMS + DEEP TRANCE HUMMING
MEDITATION > Shamanic Meditation Music for Stres...
7.9M views • 4 years ago

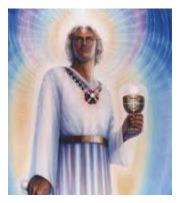


A very different and effective meditation - Humming Meditation along with deep and natural shamanic drums. When you hum, the ...

### Lord Michael

When I was living in Miami Florida I had this incredible experience. I was with some friends and we deiced to try to channel an entity. I have never tried it before.

Anyway, I closed my eyes for a few minutes and I felt the strong presence of this being. It was the same feeling if your eyes were closed you could sense the presence of someone walking into the room. This being was full of love and joy.



This being was Archangel Michael. Michael was teaching was completely different than all the others. It was more on the subconscious experimental level.

I could feel his presence enter my body and I was lifted and shifted a few degrees. I was still in my body but my consciousness was altered. His

teachings were not of words but experiences.

I felt very close to him. I felt he was a very good friend of mine. Through him, I had the experience that we part of the same energy pattern.

There are infinite energy patterns in the universe and we were part of a particular stand.

Through him, I realized my name was Micah. I realized that I was something of a newcomer to this planet. I learned I haven't been here for 34,000 years.

I realized that the reason I loved mediation so much in the early seventies was I loved the experience of being infinite. For thousands of years,

I have existed without a body. I existed as energy. Michael reminded me of this. Both of us were trailblazers. I didn't channel Michael for very long.

At times I still call him and talk to him but mostly I learned on my own. I know people probably have a hard time accepting channeling but think of channeling as a form of TV or radio. By simply tunning one's mind

Man can tune into a particular frequency. There is nothing magical or mysterious about it. Can you name any sacred book which has not been channeled? God didn't write the Bible. People did. The scripture was channeled.

Do you think the message only came 2,000 years ago and it is no longer available today? We all have the capability but have forgotten how to use it.

Oracles have been around for thousands of years. Just recently this phenomenon has taken place inside our society. From what I have seen and experienced we have help from the other side to assist us in our transformation.

So many books have been around recently talking about Angels appearing when a man dies. Isn't it about time we have that experience daily in our lives?

Man has the capability. If we learn how to live in harmony we can be open to it. Western science has a hard time buying the facts. We need such concrete evidence. But tell me what happens when your breath leaves your body. You are dead. Can you bring it back? Try to find out the secret while you are alive and your life will be transformed.



Michael Bolton Greatest Hits - Best Songs Of Michael Bolton Nonstop Collection (Full Album)

6.5M views • 1 year ago



Michael Bolton Greatest Hits - Best Songs Of Michael Bolton Nonstop Collection (Full Album) Michael Bolton Greatest Hits - Best ...

### Monroe Institute







When I lived in Miami Beach I read an article in Omni Magazine about the Monroe Institute. Robert Monroe was a radio engineer in the late fifties.

One day as he was sleeping he felt himself drifting outside of his body. He thought he was dying. He had this experience recurring every

month or so. Finally, he went to the doctor.

He was concerned that he was going crazy or he had some major illness. Robert told the doctor what was happening and the doctor told him that maybe he was having an out-of-body experience.

He recommends some books to read on the subject. Robert Monroe learned that his experience was about the same as his. Maybe he wasn't so crazy after all.

The experience kept on coming. Being a radio engineer he thought can I produce this experience by using sound waves? After years of research, He learned to utilize sound waves.

He came up with a system that used sound waves to trigger the right and left hemispherical synchronization of the brain. This technique can be modified for learning, health, exploring, etc.

The Omni article said that he had a week-long course in the foothill of Virginia. I was fascinated by this article, called the office, and found out there was an opening for the course. This course is called Gateways.



I arrived at the site of the course and was captured by the beauty of the place. The site was in the mountains. There were a few houses on the property. The foundation owned a good chunk of land.

We were oriented on what days were to be. They took away our watches so we had no idea what time it was. This was not an ordinary course.

Most courses I know of are lectures. This course was based on experience.



At the institute, our actual living quarters were our laboratory. Each bed was its unit.

There were headphones with a microphone which I will tell you about later. There was a curtain that closes

off the bed so no light could come in.

Each unit was self-contained. At the first meeting, they told us our schedule. We would get up in the morning shower and then play a series of tapes.

After each tape, we would go to a conference room and talk about our experiences. We would do this throughout the day. We would have lunch and breaks throughout the day.

Day 1 started. We learned about focus 10. This step was about how to put the body asleep and at the same time keep the mind awake. The tapes were incredibly produced. We would put on these headphones,



lie down on our bed, and have these incredible experiences. Day after day the experience would build on each other.

I remember some experiences being completed taken out of my body and being bath in light.

There were talks with angels. I call the

Monroe Institute the Disneyland of spiritual. It was amazing to go to a place and see modern scientific equipment being used for self-discovery.

So many of these tapes were for our self-discovery. I remember on some tapes I could hardly walk afterward. I was quite shy and didn't talk too much about my experiences.

I would recommend this program to anyone. During our course, we had a doctor, ministers, computer programmers, housewives, and people from all walks of life.

It was worth it. Robert Monroe is truly an amazing man. He is definitely on the cutting edge of technology.

Intro.

This is Richard Fletcher Monday, October something Second day of the gateway program. I would like to say at this point I'm diving deeper and discovering more of myself and I'm very impressed by the whole operation that is happening around here.

Energy-bar tool

My experience was building the energy bar was going to take some time to get into it. To develop it It wasn't too hard to construct. My experience was very simple. I kind of drifted to sleep. I wasn't there the whole time.

But I had some powerful connections beforehand to see this energy bar could take me to another dimension. It could take me to the other side.

It has endless possibilities for what this bar can be used for. I can use this bar as a beacon to attract my guides or use it to protect me from other things it looks like an all-versatile tool. I just need to develop more and more usage of it.

Freeform 10



This tape was freeform 10. My experience was using the energy bar and trying to see and trying to feel how I could use it in a practical form.

I used this energy bar to create a vibration inside of me that was vibrating faster, faster, faster, and faster. I then used the energy bar

to go up and down my body.

I used it like a laser to take away all the negative energy and impurities from my body. I then would take it to my brain and subconscious.

From there it turned my dark subconscious into the light. From there I could be more conscious. Then I used the energy bar to create swirling effects around my body.

This would create a much more intense kind of energy. I put this energy bar on my third eye. I was experiencing an inner dimension

### Liftoff

This is the lift-off tape. In this tape, I lifted myself through the roof, through the clouds, and past the moon. I lifted myself and then lowered myself down.

I was putting together the kinesiology of actual lifting off. Introduction to Focus 12



Before the tape even began I was just completely sailing inside. I was just accepting myself.

I was just trying to accept my hesitation. Hesitations are your friend. Just go inside

and enjoy the experience just like a child.

In the focus 12 state, it was such a beautiful, beautiful, beautiful state. It is a state, of freedom of joy, and happiness. It was an expanded state of awareness. I was experiencing this state just like a child.

A child just accepts and accepts. This is a place I want to be all the time the place of acceptance. If the hesitation is there accept it just like a friend.

It's ok. I don't have to control any kind of experience. All I have to do is ride on that experience.

Just ride on that joy, just ride on that beauty and ride on that light. All I have to do is let that experience come to me of its own accord. I know what I'm looking for and I know it's happening moment by moment.

It will open up to me in its prime moment. In the meantime, I will just enjoy each experience that comes to me. I am putting my attention on what is coming my way.

I am not being directed towards one aspect of what I think is supposed to happen but just to be open period. Focus 12 is such a beautiful state. I have been there many times before.

**Problem Solving** 



This tape is called problem-solving. The problem that I was trying to solve was the question "how can I practically leave my body consciously?"

I had this one vision of walking down these stairs from the gateway program (from upstairs to downstairs). And then an answer came to me that I'm learning the tools.

Don't worry about it. Everything will simply come to you. It's just a matter of relaxing into that experience and just accepting it. It will come in due time.

Most of all just being patient. It will come. There are means. This is not a supernatural thing. If you practice it will happen. It will manifest.

This was the question I put out and I waited and this was the answer that I got. I'm just learning how to visualize, see images, and accept images. There is something for me to learn from those images. In the past, I would ignore them but I know not to look at them and embrace them.

# 74 % September 126/ 70 % September 126/ 70 % September 126/ 70 % September 126/ 74 97 % Sep

Free flow 12

The name of this tape is free flow 12. My main objective was to explore this state of consciousness.

I just let go and just enjoyed this state of consciousness. It was a very beautiful

experience that I had. I was just bathing in the light.

I was experiencing that beautiful vibration inside. I was just riding that wave and riding that energy inside. I saw a picture of a person named

Catherine who was here. I was just experiencing her inner beauty and her happiness.

I was just experiencing a very simple friendship. It was very beautiful and very simple. I just rode with that experience and was open to various nonverbal communication experiences.

I have the ability the inside, it's there and it's latent and I have experience with my brother. Overall it was a very simple beautiful experience.

It was beautiful to see the potential that is there. I am very happy with this place. I am very happy to partake in this program. Just to relax and swim and socialize. I feel I'm establishing a stronger connection inside.

### Free Movement



The name of this tape is free movement. There are different positions to leave the body.

This first one was the most powerful. I feel with this technique I can master it with some practice. It's a very powerful way to explore different worlds and dimensions inside of myself.

The next thing was lifting myself from a string lying down and lifting myself at a 45-degree angle. This is also very powerful. All and all I see the glimpse that I can experience the freedom that I want.

I see that it is happening. In the long road, I will have that experience.

# Five Questions



This is a tape called five questions. The first question is who I am. In my last life, I realize I was a student of Ramakrishna a famous Indian saint in the 1800s. My name was M. I wrote the Gospel of Ramakrishna.

That's what I read in the Autobiography of a Yogi and completely identified with Yogananda. Yogananda would come and see me as a child.

My next question is what is my purpose here? My purpose here on earth is to expand and become completely one with the Lord and to express his knowledge and love.

Also to establish the kind of communication a human being can have with his creator.

The message that I was told to do was to keep on trucking. Keep on going and I will be led to areas I never knew existed. This workshop that I doing is something I have wanted to do for a long time.

All of my dreams and aspirations are coming true. This tape was delightful just to go and go deeper into this experience.

### Non-Verbal Communication



Lord Jesus on it.

I just can't believe this. This tape is NVC. I just got taken away. I saw all of these incredible things.

The light coming out of my navel, blooming into a Lotus blossom. A Christmas tree with

The next thing I knew around this table were people from outer space sitting around it. There were just talking to me and there was such a feeling of love, energy, emotion, excitement, and joy.

My whole body was sweating and tears of joy were streaming down my face.

Now I know the experience of NVC. It's such an incredible place and experience.

This is the type of communication that human beings are meant to have.

I just want to say thank you, thank you, thank you. I'm just totally one hundred percent fulfilled. I just can't believe this.

This form of communication is so beautiful. Just to see and feel the kind of communication that we can have. Just pure love being transferred.

# Introduction to Focus 15



This tape was the introduction to focus 15. My experience of this time was to sense and experience a state of no time.

There is a tremendous void, a tremendous light inside of myself. By being with this light it is possible to travel to any time zone past the present and future.

It's wonderful to know that through this experience I can learn to do so. I can slowly just ease myself into this consciousness.

It's incredible to know that there is a place that is beyond time. There was so much energy that it was hard to get used to it.

## Free flow 15



This tape was free flow 15. I experience a beautiful love with Cathy. I experience a beautiful connection between us.

I just completely want to dive into that experience. I know I have met her before but I don't remember where. (See Maldek experience.). My daughter was there and her

daughter was there.

We were all playing and laughing together. It was so much fun. We were all experiencing so much joy and happiness.

No tape experience.



This was the no-tape experience. This was like all the rest of the tapes.

I brought myself into 10 then

12 then 15. In all of these states, I experience inner NVC communication.

I just rode this inner wave that kept on getting faster, faster, and faster.

I found myself in various states of consciousness. It was so easy to just go right through them. When I reached the 15 states I just explored that state.

It was so beautiful to be in a place where there is no time. Just light, love, and happiness. We don't need these tapes. They are just like training wheels on a bicycle.

It's nice to know that there is a technique that we can use to experience this. The silence is beautiful. I am very happy to know that I can incorporate this into my life. It's all happening.

What an incredible love that exists inside. It's so natural and beautiful.

Communication point 15



Communication point 15. I went to a state and asked for any kind of message.

The messages I received were in the form of NVC verbal communication. My first message was a picture of Cathy.

The next picture was an image of a dove that gave me peace. Then I was brought up and

saw the image of Shri Maharaj Ji



(Maharaj Ji Father). My whole feeling was sensing discovering that there is communication in this state is where communication can occur between your guides and teachers.

They can in this state teach you and communicate with you. They communicate not so much with words but with images.

They can transmit their experiences through images. I just need to learn more and more about this. I am very hopeful about communicating with my guides.

No name tape



Before this tape started they play Amazing Grace. I couldn't believe what was going on. Maharaj was there in his crown and glory. It brought me back to where I was 15 years ago.

It was very emotional and I cried a lot. Just to experience the joy inside. Amazing Grace. This life is truly amazing. It is glorious, I then kind of drifted off and when I came back I was surrounded by swans.

I tried to do the tape but some of the techniques I couldn't quite understand. The main thing I wanted to emphasize was Amazing grace. It truly is amazing. Amazing beyond words. That is the main thing I wanted to communicate.

# Relation Galaxy



The name of this tape was the relation galaxy. At this point, I was supposed to put on my headphones. I was just totally just gone. I went to this place in the center of the universe.

At the center was the incredible power of love. The primordial energy for this universe. It was beyond words to experience the unity of the universe being supported by this primordial vibration.

I saw in this state swans and a beautiful lotus flower that was blooming and blooming. There exists in this place all of the great masters. There exists that divine light. The light of God exists everywhere.

That was such a wonderful place to be. I was experiencing my body like an astronaut experiencing the various g-forces.

My whole body was contorted. I am still not out of that place. I just want to live there and dwell there.

# 5 Messages



The name of this experience was 5 messages.

The fifth message was I have something to do in December. There is a mission that I'm getting prepared for (I moved from Miami to Calif. with Catherine in December) my fourth one was that I

should be good friends with Cathy.

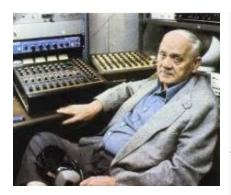
The number one message was devotion to the lord. I should be an example of this. The Lord wants love.

Number two was that everything I ever desired will come true. All of my dreams will be satisfied.

Another purpose that came to me was to love everybody I encounter. I should be an example of accepting people for who they are and loving them without conditions.

I should be a simple messenger of the Lord. I don't remember the other one.

Vibe Flow



This tape was called vibe flow. This is a nice tape. Bob (Robert Monroe) just increased the frequency level.

I just got in tune with the frequency level. I just went higher and higher and higher.

Shhhh. I was absorbed in that energy. Half of that experience was traveling at the speed of light. It was like being in a rocket going faster than warp speed. It was traveling at the speed of light. 186,000 miles per second.

Next on the tape was music from the session I forgot to turn off the tape

I was just completely blown away. I was in total bliss. This music just brings me back to that state. I was in total awe.

There was laughter in the background. The rest of the people were discussing their experiences.

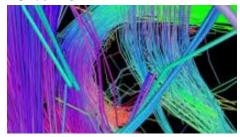
# Side Two



During this music, I was seeing a picture of Shri Maharaj Ji (Maharaj Ji's father). I saw an image of Shri Maharaj Ji holding Maharaj Ji.

I had an NVC experience of going into a dream and coming out and realizing that it was an NVC

experience. I just want to go back inside for a few more minutes. I could very easily just leave and never come back. (Long Pause) 15 to 20



The name of this tape was 15 to 20. I felt I was resonating with the colors green and purple.

It will take me time to know what this experience means. Slowly I will begin to

understand all of this. (Long Pause) Music is playing in the background.

# One one patterning



This tape is called one-one patterning. I kind of zone out of this tape. I see I just to have something in my mind hold it and repeat it every single day and it will come true.

By putting it in my subconscious over time it will come to existence. I am incorporating everything in my life. The main key is to utilize these tools in my life.

I am the director of my life. I am in charge of maintaining and expressing my emotions. At the same time, I just enjoyed the feeling of love that was all around.

I had such a peaceful rest. (I forgot to turn off the tape long period of silence)

### Freeform 21



The name of this tape is freeform 21. I just got taken inside of me. I just really enjoyed the experience inside of myself. Joy and peace were overflowing.

All of my guides and teachers were there.

(Once again I forgot to turn off the tape)

# Freeform 15



My experience with freeform 15 was completely wonderful. I went to such a deep place inside.

I had this wonderful experience that happened there. Catherine was there and

we were beings of light. There was this big heart that surrounds us.

We were just one in that heart. Out Of that heart, our souls just merged. The light came from my third eye and Catherine's third eye. It was like two laser beams of light and love merging into our bodies. We just totally become one.

It was like a sexual experience but it didn't contain sexual energy. It was just pure love. We were both fulfilled in that love, in that joy, in that happiness.

I was inside of her and just riding the wave of love. Both of us were in tuned and in synchronization and experience the oneness of each other.

Coming from her breast was this liquid light was I was drinking. Each drop tasted like nectar. I was completely intoxicated. At one point her daughter appeared and my daughter appeared and we all hugged each other.

We were all laughing and dancing and singing. It was like a family of love, beings of love. At another point, after this self-expression, Catherine just laid on top of me and I just totally melted into her. We just exchanged the beautiful love that existed between us. Both of us were saturated in that love.

We were both in tune with each other. It was such a wonderful feeling. I feel I have known her for a while. I don't know where. Somehow there is a connection between Catherine, myself, and Shri Maharaj Ji. I haven't figured it out.

I just have these feelings that something beautiful and simple is manifesting in my life. I'm open to it. Later on, in one of my tapes, I received a message that on thanksgiving my daughter and I should go and visit Catherine and her child in Virginia. We should just go and play and have fun.

## Introduction to Focus 21



The introduction to focus 21 was a completely mind-blowing experience.

As soon I put on my headphones I was tuned in to that light. I was completely submerged in that light inside. I was just taken over. I was flying with a whole group of swans.

There was this beautiful lake where thousands of lotus flowers were just blooming and blooming. I went through the various states of consciousness.

I went from 10 to 12 to 15 in different colors. At 21 a marvelous thing happened. Bob was there (Robert Monroe) and he was just shining. He was his joyful self. He just looked up at me smiling and gave me the thumbs-up sign. He said "go for it" and "enjoy the experience".

There were so much love and communication between us. I recognized him and he recognized me. Both of us know that this is an incredible journey. The ultimate journey.

Once he said that I was completely ready to accept and experience that wonderful light of my existence. I then went to a place where I experienced a light that was supreme love and intelligence.

Every single cell of my existence was filled with this intelligence. I was just one and bathing in that light and joy. I was just flying like a swan. I was just flying like that beautiful bird. That swan is free.

I felt like my soul was free. My soul was just singing in that joy and happiness inside. I was just one. It was so wonderful.

## Freeform 21



One of the most amazing tape experiences was freeform 21. I don't think there are any words to describe what happened there.

From the moment I put on my headphones throughout the entire process, I was riding the wave of ecstasy

and joy. Technically Bob (Robert Monroe) was a genius to develop that tape.

The sounds that he was emitting were the sounds and frequency that reside inside. It was completely a marvelous experience. I was completely experiencing the oneness of joy.

I had these visions of Catherine. She would just smile at me and just drift away. Once again I would dive deeper and deeper into the experience inside. I would go deeper and deeper into that light.

My whole body was like an astronaut experiencing the G-Force. I was experiencing how powerful and incredible the energy is. This energy touches my whole molecular structure and even beyond that.

It reaches the soul and the very essence of life. I feel so wonderful that everything is on track in my life. I have a vision of a quest and it's happening. All of my dreams are coming true on all levels

One experience that I want to express is that I went to bed on the last night of the program around midnight. I was kind of tired. I just needed to go inside and experience that inner beauty.

I drifted off to sleep and was just in that place of love. I was in a nice deep sleep. Around three o'clock in the morning, I was waking up with a bang.

I automatically woke just right up. Something inside of me told me to go take a shower and go see Catherine. I did this. I was kind of hesitant.

What am I doing? I just had this faith and intuition to do this. I went up to Catherine's room and very quietly walked into her room. I opened up her curtain and very slowly touched her.

She looked at me and I could tell she was in a state of shock herself. She thought at first I was a ghost. All she could see what my head because the rest of my body was behind the curtain. She looked at me and said is that you or is it a ghost. I reassured her that yes it was me.

I just climbed into bed with her and just held her the rest of the night. We just exchanged the feeling of love that we had. We just caressed each other and love each other.

There was such a warm inner exchange of love. It wasn't sexual energy. It was like the energy of love, satisfaction, and joy. It was a wonderful experience.

At times I would find myself snoring. My body was asleep but I was wide awake. I was in such a beautiful state inside. I was surrounded by love. I saw these beautiful swans surrounding us. They were protecting us and saying everything is an ok.

Everything is going to plan Just relax and enjoy each other. At one point when Catherine was drifting off to sleep, I saw one of my guides named Running Water.

I saw his face and saw he was an Indian. At one time we were brothers. We were once in a state of laughing and playing and interacting with the forces of nature together.

It was such a beautiful connection. I remember coming out of a dream state and all of a sudden BAM there he was. We talked to each other for some time. He was the eternal brave. He was forceful powerful and full of love.

That consciousness lies inside of me. I felt so wonderful the whole night. What a way to end the week

### **PDF**





Books 2022- Monroe Institute
Fletcher Soul Traveler

Updated today



This is from the table of contents of Omni magazine which featured Robert Monroe.

# Notes from the New Land (pg 40)

At the Monroe Institute, participants go on an extraordinary journey induced by sound patterns - both into and beyond themselves. by Murray Cox

# 35 years later

My twin brother John last week sent me the links to these two YouTube videos. These videos contained once classified information from the CIA in the 1980s. They were changed from classified to unclassified in the early 2000s.

These documents were about Robert Monroe and their Monroe institute. They were about the gateway program that was highly known during its day. I watched these two videos 35 years later. They are just as relevant. today as 35 years ago.

Robert Monroe was an absolute genius. I thought so back then. Today I even have more respect for the man. He died in the 1990s.

In these CIA videos, they went over the one-week Gateway program that I attended years ago.

I found it quite fascinating that the same tools used during the Gateway program were the foundation of the CIA's development tools. In plain English, they described many of the tools we learn and experience during our week-long program. Maybe it's just 35 years later but I was blown away by the description of the tools.

Back then I didn't have the maturity or understanding of the preciousness of these tools. Mind you this was probably one of the most memorable weeks of my life. One does not become an adult overnight. A young child doesn't have the maturity of an adult.

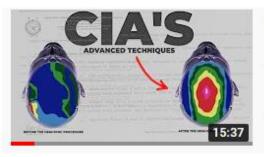
After meditating for over 50 years and listening to these videos I saw the brilliance of Robert Monroe. Not too many people knew of him. His voice was mesmerizing. I don't think I have ever heard a voice so brilliantly before. In each of the tapes, we listen to during our retreat he would be leading us.

His voice was the perfect magnet to resonate this experience with us. I would love to experience these original tapes once more. It would be an entirely different experience. My understanding from this course has been integrated into me.

Many of my doubts have disappeared years ago. These tapes are incredible training wheels that humanity can use. With training wheels, once you get the

confidence you can take them off. Even if you never take off the training wheels, there are endless journeys to embark on within.

Both science and the world of mystics are coming together. He was at the forefront of this Hemi-Sync technology since the 1950s. We are just at the beginning of a new mankind which he talked about in his books.



# Brain Enhancement Techniques Listed In a CIA Document

Video Advice 936K views

☑ AUDIO PROGRAMS - https://bit.ly/3w7mRjt The report entitled
Analysis and Assessment of The Gateway Process was penned in...



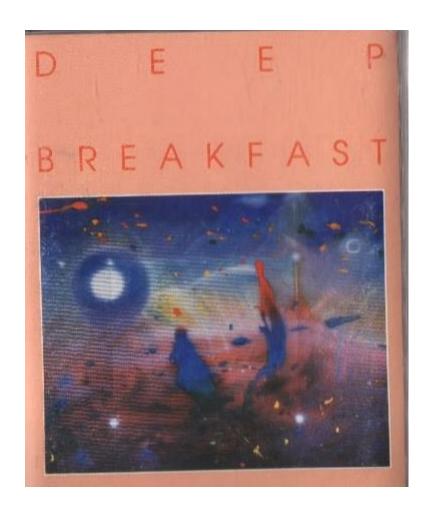
# "Focus 21: The Future" | CIA's Advanced Techniques

Video Advice 2 166K views

✓ AUDIO PROGRAMS - https://bit.ly/3w7mRjt Back in 1983, the CIA
wrote an obscure report on the "Gateway Experience," claiming that...

#### Ray Lynch - Deep Breakfast

The first time O hear this was at the Monroe Institue in 1985. It was a week-long seminar.





THE GATEWAY TAPES (C.I.A DECLASSIFIED)

# Mafu Malidac Incident Flying On Swans



One day I was meditating when I had this beautiful experience. I was taken to this place where I saw one of my past lives a long time ago on a planet called Maldek.

Here I was this beautiful child playing with the other children. There were so much love and harmony in the air. Our bodies were a little like

Caper the friendly cat.

We had huge gold eyes. We were playing this beautiful game. Each child was creating this beautiful musical rainbow in the sky with their hands.

They would just do a shush of the hands and this beautiful rainbow would appear in the sky. Not only a rainbow would appear but music would accompany the rainbow.

The fun part was that each child's rainbow would be part of a greater whole. The result would be an orchestra of music and rainbows playing in perfect harmony.

We would all just dance and laugh and giggle. I was probably 4 or 5 years old. My sister was Catherine a dear friend of mine. Life was so full of harmony.

I was shown something ominous was going to happen to this planet. The next reflection I remembered was the planet was being destroyed and somehow I was placed on this ship headed to earth.

Such a tremendous shock took place that each of us was induced into a timeless sleep. We were heading towards earth, towards the land called Egypt.

The next vision I had was I was a being from another dimension helping to bring the vision of enlightenment to Egypt.

Because I came from Maldek my body wasn't earth-like. I could become one with the whole universe and still be conscious at the same time of my limited body.

The pyramids were built at this time around a great being name Rataben. He was an incredible being who rescued us from Maldek. Rataben and I were great friends together.

We would laugh and play throw the universe. We knew we were free. My mission at that time was to teach the people in the pyramids the fundamental aspects of transcending this body.

There is a way for the human consciousness to vibrate at such a high frequency that this body will become light and enter a universal dimension. In this state, the human consciousness becomes universal consciousness.

Through a period, man could learn the secret of life. Each one of us has this capability. We have simply forgotten this. This was 34,000 years ago.

Years later I met my friend Rataben through a channel named Ammaji. Ammaji brought in a beautiful entity name Mafu.

Mafu or Rataben is a being much grander than we can imagine. He is bringing wisdom to this planet that has never been seen here. I am simply watching this incredible game being played out. Each one of us can partake in this and see for ourselves the grandness of this game.



The vision soon ended. I remember at one retreat I went to see Mafu. At this particular retreat, Mafu was pairing up couples for a mediation he wanted us to do.

Mafu place me with this middle-aged lady. I knew there was a reason behind this. During

the meditation, I had this incredible vision

that this lady was my Mother on Maldek.

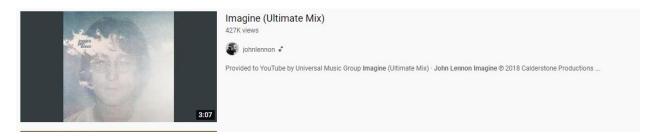


Tears of joy were flowing. Both of us recognized who we truly were. Mother and son have united once again.

The reason I
love Mafu is that I
now have a friend
from the other
side to assist me
in my personal

development. We all have such incredible coaches.

We have to do the work. In this game, we all have to be participants. We can't be on the sidelines. The coach will inspire us and direct us but we have to shoot the ball.



VIEW FULL PLAYLIST



Jonathan Livingston Seagull - Neil Diamand
Franciscus van Olffen

246-Prologue - Neil Diamond • 3:22
Jonathan Livingston Seagull - Be • 6:34

#### Sands Of Aruana



One day after coming home from work from the naval base I closed my eyes and was carried to this particular pool on this planet named Aruna.

This particular pool was nice and warm. This planet reminded me a lot of Sedona AZ. The planet's soil was the same red as earth. I remember a few beings in the water.

The water felt so incredible. Stress would just ooze off. Ammaji was there with a few other beings. I felt like my soul was being completely nourished.

Since that time I have heard Ammaji talking about the Sands of Aruna. I have never told her about this story. The experience was so incredible. It was working on such a deep level.

When I came back I felt so fresh and alive. I felt I truly bathed in the fountain of youth.



Aad Guray - Deva Premal & Miten with Manose (Live in Concert ~ Zürich 2019)

Deva Premal & Miten • 893K views

Deva Premal and Miten with Manose and The Temple Band (Joby Baker; bass / Spencer Cozens; piano / Miles Bould; drums) live in concert at the Samsung Hall in Zürich, Switzerland, September...

#### Sedona



The first time I went to
Sedona I was in Phoenix for a
three-day retreat. After the
retreat, three good friends of
mine decided to go to Sedona
for the day. I have heard a lot

about that place.

It was so beautiful driving there. It takes about 1 1/2 hours from Phoenix. Sedona is probably one of the most beautiful places I have ever been to.

The red rocks amid the Desert Mountains are a sight to behold. We spent the day at Bell Rock a huge rock shaped like a bell. I went back to the Palisades in Calif. the next day.

A week later I get this call from my good friend David. He asked me if I wanted to move to Sedona. He was asked by Mafu to do some design work for a pyramid project.

They needed a programmer and someone who know about computers. I was on my way. I moved into a really neat trailer right by Oak Creek. This trailer park was very serene. I have never seen such a beautiful place to live.

Right in my backyard was this incredible creek that ran by. I could hear the water running while I was in my house. My days in Sedona were spent working and hiking.

Sedona was an incredible place to hike. There were plenty of trails. I remember an experience I had on Bell Rock.

I was halfway up the rock when all of a sudden I could see through to another dimension. As clear as day I saw an ocean and whales and dolphins playing in the ocean.

It was imaging. Here I was in the desert, on this huge Bell-shaped rock, and in the midst of this, I could this incredible ocean. It wasn't a hallucination.

I could see this dimension and the other dimension. I remember hearing about Stephen Hawking's theory of how there are 10 dimensions in the universe. He proves his theory mathematically. The red rock around Sedona is made up of finely crushed crystals. Crystals are made up of Silica. Our brain contains a huge amount of silica.



Could it be that this area allows a person to see dimensions that usually we can't feel?

It was so amazing to feel right at home in this ocean. I remember this huge whale came up to me

and just gently caressed it with my hands.

It reminded me of almost like Roger Rabbit. There was the so-called real world and then there was another cartoon world. Both worlds existed.

I had a wonderful summer in Sedona. My daughter Chanda came out for the summer and we just played. We had a great time. Both of us are very close.



## Fire Walking



While I was living in Sedona I was in this seminar where the leader was going to put on a fire walk. The purpose of the fire walk was for individuals to go beyond their fears.

By walking across the fire and not getting burned has an amazing effect on human physic. We all participated in building the fire. We all gather wood.

There was a small ceremony and the fire was lit. When the coals were nice and hot the leader said a prayer and he walked across the burning coals. There were probably about forty of us.

One by one we started to walk over the coals. When it was my turn I said to myself well here goes and slowly walked over the coals. I didn't burn myself nor did anyone I know.

I was ecstatic. I walked over the coals probably five times. Each time I walked over the coals I became more confident in myself. The last time a goal ever go stuck between my toes but nothing happened.



It was an incredible experience to walk beyond your fears. Fears are meant to be embraced. We are all scared to do certain things.

We should take a look and our fears and see

that at times they are nothing. They can't harm us but they can stop us from performing some action that will help us grow. I try to see fear as my friend. I try to get to know it.

When I firsts moved to Hawaii I was scared of the big waves. These waves would have so much power. Since then I have trained myself and spent time in the water.

Know I love when the surf is overhead. It is all in facing our fears and doing practical things to overcome them. I trained myself to be in overall physical conditioning.

Then when the surf was up I was in top mental, emotional and physical health. By overcoming my fear I feel at home in the water. I can take off on large waves and experience a ride of a lifetime.

In the end, all of us have fears that we have to face. Let's face the monster after all, in the end, we will see it's not so bad after all.



Fire - The Crazy World Of Arthur Brown @ TOTP 1968 3M views • 11 years ago



Here is a performance of Fire by The Crazy World of Arthur Brown performed in the Top of the Pops studio in 1968. It w



# Alicia Keys - Girl on Fire (Official Video) 385M views • 9 years ago



Chorus: This girl is on fire This girl is on fire She's walking on fire This girl is on fire #AliciaKeys #GirlonFire #OfficialVideo.

First Time Meeting Zoran



Richard, Makara and Barbara 1

Let me introduce Zoran. Zoran is an entity who is known in other dimensions as LOGOS. Logos on this planet came from the Greeks which means Word or Power. The Bible talks about LOGOS as the word.

In the beginning, was the word and the word was with God and the Word was God. Zoran was the personification of that word. The first time I meet him was in Phoenix AZ. A few of my friends saw him and said I might like to see him. They said he was different and like to teach with toys. Zoran is channeled by MAKARA.

When he comes into her body he takes over much live Mafu. Anyway, we arrive late to the hall and I see the program is started. From the loudspeaker, I hear a voice that sounds like Mafu. I am thrown for a loop and ask myself "why is Mafu tape being broadcasted through the sound system."

I sit down and see that this voice is Zoran. I loved the way Zoran was. His whole teaching was through games and laughter. He had all these stuffed toys that he would hand out.

At one part of the program, he started to pull out people from the audience. He pulled me out and gave me an orange ball. He then proceeded to ask each one of us what this toy means to us.

When he came to me he asked me about the orange ball he gave me. I told him that orange represented collagen the substance that ties the cells together. Without collagen, the cells would fall apart.

This ball represents the life force that keeps the entire universe together otherwise it would fall apart. He just laughed and blinked his eye and said a good answer. That night I was very intrigued by Zoran. I knew that we were best of friends and I wanted to talk to him personally. The following day a meeting was arranged.

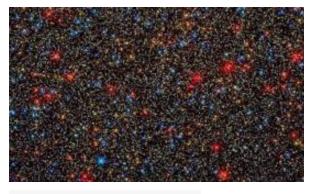
The first part of the meeting was spent in laughter. People outside the room said it was like an auditorium of people laughing. There were only 3 of us. At one point Zoran said if I laugh anymore I will have to leave this physical body. It will cause damage to her body.

At this time the tone became more serious. I learned that I was a student of his on a planet called Nucleus. This school was learning about the ways to split open the atom using one's mind. This school was built on practical experience. It was truly a mystery school.

Makara and I were both students in this school. Zoran told me many wonderful things. We became really good friends. At all of the seminars, he would always call on me. I became a friend just like in the good old days.

I remember one day he asked me "What do you think about Women?" Well, I said that I want to solve the mystery. He said that someone special was going to happen and that very soon I would meet the woman of my dreams.

The next night I had a dream where I meet my future wife Barbara. A voice came to me and said when you meet this person you should get to know her. A month later I was staying at a friend's house when Barbara walks into the house. I recognize her at once. I played it quite cool because I knew that destiny would be played out. The rest is history.



Zoran taught me a lot of techniques for getting in touch with himself. His whole style was through laughter.

He said that laughter and joy create such a frequency that it just sinks in subconsciously. He had a great analogy that when you go to the bathroom you

don't inspect your stools.

He said so many people struggle to reach happiness. Life is not a struggle. Life is not a battle. Life is fun and humorous. I have never laughed as much as with Zoran. He taught me a new angle on life.



The Cars - Drive (Live Aid 1985)
4.9M views \* 1 year ago
Live Aid

The Cars performing at Live Aid in front of 100000 people in the John F. Kennedy Stadium, Philadelphia USA on the 13th



"We Are Star Dust" - Symphony of Science

1.9M views • 10 years ago

melodysheep 

we are star dust, reaching out to the universe. The 15th Symphony of Science video featuring Neil DeGrasse Tyson, Richard ...

cc

# Space Ride -Zoran



One night in Sedona I was with three of my friends. We were outside looking at the stars in lawn chairs. It was early July and was a nice evening.

The sky was clear. There were thousands of stars in the sky. We were looking at a strange phenomenon

taking place.

We would see these streaks of light going vertical in the sky. Imagine a huge flashlight sending a flash of light from left to right across the sky. It would come in one-minute intervals.

All of us were delighted with the show. We were making the same oohs and aahs when kids see fireworks.

During a lull, I notice three stars in the sky I never noticed before. These three stars formed a triangle in the sky.

It looked like a pyramid. All of a sudden I felt myself being sucked out of my body. It was like this huge vacuum sucking me out and my body.

There was this tunnel of light and I was traveling inside of this tunnel. We have all seen on Star Trek The Next Generation the sensation of warp speed. This was the same kind of sensation that I felt.

The next thing I knew I saw this huge Mother Ship. This ship was so large that there were Mountains, oceans, and earth-like plants inside of this ship.

I was greeted by a group of 12 beings. I recognized Zoran and Lord Michael. They took me on a tour of this ship.

The whole ship had a clear plastic-like substance which was the outer shell. Inside of this was the mountains. The main engine room was driven by energy itself.

They had the technology to convert energy itself to drive the whole ship. All electricity was generated by pure and perfect energy. There was no pollution whatsoever.

It's hard to put in words what I was going through and what I saw. It was so beautiful. These beings were so beautiful.

They were friendly and extremely intelligent. Their technology was light years ahead of ours. At one point I was placed at this beautiful table.



Zoran, Lord Michael, and the rest of the 12 beings placed their hands on my body and started to send me brilliant colors of light.

My whole body was enveloped in a rainbow of light. This light was pure

consciousness. It was alive and extremely blissful. I felt all the stress taken out of my body. It was an incredible ceremony taking place. No words were spoken. 12 incredible beings were performing an ancient ceremony on me.

I felt they once again reminded me that we all come to the same source of life. There is a universal consortium of beings who are called the white brotherhood whose mission is to transform this universe into something far beyond what we can imagine.

There are millions of humans alive on this planet who are part of this consortium. Before we were born we all decided to come down and help this planet earth.

All the major religions know that something incredible is about to happen to this planet and the beings on this wonderful earth.

We are to usher in this era along with our friends. Our weapons are love. Love is the most powerful force in the universe. Our mission is to consciously change ourselves into being beings of love. Christ was a prime example of this.

We all have the same capacity. We just have to stop, look and listen to what going on. Here the most incredible event is taking place on this planet and we are asleep. We are too involved in little lives to stop for just one second and ask some basic questions.

Who am I.? What is the purpose of this life? Where is true happiness? I feel as a society we need to learn about tolerance, forgiveness, and being open-minded.

Each of us is so caught up in our mindset that we can't see that were is flowers on a beautiful garland called life. Isn't it so beautiful that we are so different yet all of us at the same time are so similar?

The breath of life is keeping us alive and we are unconscious of this fact. It's time to wake up and smell the roses. Each one of us is having the experience to remind us to wake up either conscious or subconscious. Even if you don't believe in any of this at all.



Imagine if this was all make-believe. There was a time when flying an airplane was make-believe. It is now a reality. There are millions of people on this planet whose prayers are to see peace on the planet.

In time this will have to happen. We just have to bring peace to ourselves. We have to know

who we are. We are beings of love.

We have simply forgotten who we are. It is now time as a whole that we wake up. It's kind of funny the whole world wants peace and happiness. Yet there is so much misery and poverty and greed.

The love we have inside is boundless and endless. It is worth more than all the riches in the whole universe. Without we are nothing. I know I had many incredible experiences in my life. Many people are envious of them. Yet without love, they mean nothing.

It's like a body without breath. No life whatsoever. Our main mission is to be so filled with love that whatever we touch turns to love. What would happen to this planet if every citizen on this planet were experiencing such love?

We would have no conflict, war, or poverty on this planet. We would truly help each other out. We would truly know that humans are incredible beings.

Well, I came back and my friend knew that something incredible had happened to me. I told them just a fraction of what happened to me. It was still so personal that I didn't want to blab out or be arrogant.

Years later I felt the time was right to put the experience in words. This incident showed me that my friend beyond the stars was always looking after me and this planet.

I knew my days as a young child looking up at the stars were based upon an unconscious yet conscious connection with my friends. We are never alone. We have friends who are looking after us. Most of the time we don't know it.



"We Are Star Dust" - Symphony of Science

melodysheep 2 1.9M views

mp3:http://bit.ly/IIIUVRB We are star dust, reaching out to the universe. The 15th Symphony of Science video featuring Neil DeGrasse Tyson, Richard Feynman and Lawrence Krauss. Materials used...

#### Infinite Ocean Of Blue Meanies



On Maharaj Ji's 14th birthday on December 10, 1972, a huge party was held in Prem Nagar ashram in India. For some reason, I came as the Blue Meanie. At the time I didn't

know why I choose that. I didn't like that character in the Yellow submarine at all.

Years later I had this dream was I was the Blue Meanie in this Yellow submarine. I felt this incredible energy of love filling me up. All of a sudden this Blue Meanie became 2,4,8,16,32,64,128,265,512,1024 and on to infinite.

This happened in less than a fraction of a second. My whole consciousness was in the infinite ocean of blue meanies. The whole sea loved itself.

Each blue meanie was separate yet tied together by the ocean of love. I felt a power more powerfully than a nuclear power plant surging through me.

This was the power of love flowing through me. I became the universe. Every part of creation was an aspect of this consciousness. I knew and experience everything on this planet and all other universes.

I was one. The effects of this dream lasted a long time. I felt so fortunate to be reminded of who we are. Life will teach us in such a beautiful manner.

Many experiences we don't seem to care about or know, will be used in the further for a greater purpose.



10-The beatles - Yellow Submarine (full album)

Jonny jack Playlists

Yellow Submarine (Remastered 2009) • 2:40 Only A Northern Song (Remastered 2009) • 3:25

VIEW FULL PLAYLIST

#### Sai Baba Dream



One day in Arizona I had this incredibly vivid dream. I dreamt that Sai Baba was sick. For those of you who don't know Sai Baba is a great Indian Saint.

He can manifest jewels from his hands. He has millions of followers in the world. Sai Baba was very sick in my dream. There were a lot of people around him in my dream.

He came up to me and said only you can heal me. As soon as he said that I felt tremendous energy flowing from within my being. I placed my hands towards him and started to send energy inside of his body. His whole body was shaking.

After a few moments, he was healed. The love that was flowing between us was incredible. I felt this incredible wave of love flowing into me.

My whole being was saturated with this experience. It was more than a dream. I really can't put the experience in words but it was incredible.

About three months earlier I took this incredible healing course. There the instructor told me that I would receive a great gift from Sai Baba.

Three months later this experience came to me. I have learned since then to have respect for all teachers. We can all learn from each other. I certainly don't have all the answers.

I don't know anyone who does. Each of us has something special to offer this world.



SAI BABA:: MATERIALIZATIONS

6M views • 9 years ago



OM SRI SAI RAM !!!

## **Meeting Barbara**



After I had the dream about Barbara I just let it go for about a month. It was kind of strange but my daughter was the first one to meet Barbara.

One night I wasn't feeling too well my daughter went to a friend's house. At this house, my daughter met Barbara. It was kind of funny it was only two trailers away from me.

She was here from the Washington area. She felt in Arizona she was going to meet the man of her dreams.

She was planning to go to Egypt on a vacation but her intuition told her to go to Arizona.

She ended up in Sedona. A month later Chanda and I went to a one-day Zoran seminar. I spent the night at a good friend's house. Upon waking up the next morning I saw Barbara.

As soon I saw her I recognize her from my dreams. Immediately I thought of the conversation I had with Zoran. I just chuckled inside. I didn't say anything about my experience with her. Well, Barbara went back to Sedona and I stayed in

Phoenix. A few days later I get this phone call from Barbara. She wanted to know if she could rent my trailer in Sedona. I was planning to spend a month in Phoenix.

I said I think about it and I'll call you back. I called back the following day and said sure. A month later I went back to Sedona. I thought this should be very interesting. Barbara knew I was coming and decided to spend the night at her friend's house.

Well, the next day both Barbara and I met again. We talked the entire day and decided to go rent a video. We came back to the house and both of us laid down and started to watch the video. At mid-point, in the movie, I held her hand and both of us felt the incredible energy rush through us.

We were both complete. It was amazing how one touch can change a person's life. From that moment on we both knew something incredible was going to happen.

At that point in my life, I knew I wanted a satisfying relationship. I wanted another child and I wanted to be married again. Barbara told me she couldn't have children. She tried for 10 years with her former husband and couldn't conceive.

She went to fertility clinics and took the necessary treatments but nothing happened. I thought well having a mean full relationship might be enough. We spent the early winter in Sedona. On New Year's Eve, I had the Sai Baba dream.

The last thing I was told by Sai Baba was that I was going to move to San Diego. The next morning both of us awoke and we said to each other "where do you think we are going to move" both of us said, San Diego. That same night Barbara had a dream where she was told that we should move to San Diego.

Since we live only a block from the beach I went surfing a lot. My job at the insurance company ended. I spent the next nine-month working on a Visual Real Estate program. My partner John Slowsky and I were both too ahead of our time. We won awards at trade shows but it was too advanced for its time. We had a few interested takers who wanted to market the program but nothing happened. This program was one of



the first multimedia programs in the states. I wrote a template program that could generate a complete program by designing your program on the screen.

It would do everything from your menus to all of your multi-relational input screens. What would take a programmer a week I could do in

a day? I designed this also for my multimedia stuff.

I took it to a major software conference and people were blown away by it. This was the first time at this conference that people saw a visual database.

Unfortunately, the vendor that supplied me with the board went out of business. This was the best board on the market.

My money was running a little dry and I got offered a job from the Navy Seals. This was an incredible job.

I liked working for them. The company that I worked for set up a Network. I was the Data Base Administrator. I wrote over 10 major programs.

The navy was into training so I got to go to many computer conferences and seminars. I loved the lunch hours. The navy is really into health and fitness.

The navy had a policy if you exercise you can take an hour and a half lunch. If you don't lunch is only for an hour. I, of course, opted for the hour and a half.



They had a huge Olympic size swimming pool. I would swim a mile a day. There was also a well-equipped exercise room.

When there were days of surfing I would go boogie

boarding with my friends. There was a beach break right across the street. I remember the day of the Desert Storm crisis.

I called my wife that I was going to be late. I didn't know what time I was going to return. I couldn't tell her anything. I was assigned to do this computer program. I had only a short time. Thank you, I had my templates. I developed a program in 6 hours.

If I didn't have my templates it would have taken about a week. There was a six-month interval when I was allowed to work at home. The Navy respected my work and they had no qualms about me working at home.

They knew I wasn't going to take advantage of the system. I had a good life. I would wake up early in the morning meditate, exercise, and then head for the beach for a few hours.

It was so wonderful to surf every day. I loved the cold water. I had a great wetsuit. I could stay out for hours and never get cold.

I remembered many incredible surf sessions. I would love when the surf was overhead. During the winter San Diego gets many incredible swells.

For me, surfing was an art form. Nothing can describe the experience of riding a wave. I was completely in tune with the waves.

My daughter Chanda would come out for the summer. She lived in Philadelphia. We had a beautiful time boogie boarding in Del Mar. The whole family would go to the beach and just play. I felt truly my life was wonderful. Truly my dreams were coming true.

Barbara and I decided that she should stay home with Aleia. We both felt it was important to raise our own child.

At the same time, we realized the financial burden but it was well worth it. Barbara poured tons of love into Aleia. We both knew that love is truly the answer.

Especially in the first five years. Barbara spent these years focusing on our child. It was time well spent. I had a great family life. Both of us were truly happy with each other.



Sam the Sham & the Pharaohs- Lil' red riding hood 937K views • 12 years ago



# 1 Split Second Got It Driving Car



One morning I was driving to work when I had this incredible flash that only lasted for a second. In this flash, I become one with the whole universe.

I was the sun, the stars, black holes

galaxies. I knew everything. I was intelligent. Here I was driving down the highway in rush hour traffic when I had this experience.

The experience only lasted one second but it had such an impact. It was like lightning striking. My whole body and being were so charged. Each one of us can have such a realization.

It goes beyond time and space. I wondered what would happen if I could tap into this 24 hours a day. Makes you kind of wonder.



infinite zoom: the inner universe 4.4M views • 8 years ago

Chris Tolworthy

1. create 40 images in Photoshop. Each is around 4000 pixels on each side. Each image contained a small version of the next ..

# Kundalini Snake Experience



One early morning I was meditating using Mafu techniques. I felt such joy and happiness. All of a sudden I felt this incredible power. I saw this incredible cobra at my root chakra. This cobra was slowly rising up my spine.

The energy was incredible. It was so real.

I became a little afraid due to the power and the cobra. I knew I would not be harmed at all. I controlled my fear and let the experience grow.

The cobra went all the way to my third eye which is the pituitary gland. At each step of the way, I would have a different experience. I have always heard about the Kundalini experience but this was the first time I had the experience to see it.



The Vedas talk about this experience. The cobra was so real. It was like you had to face your greatest fears and then and only then could you be taken to a different level of consciousness.

Amazingly, this experience exists inside of our being, and yet it is dormant. We are so involved in this world that we are simply unaware of a greater reality.

I learned that the scriptures of the past were based upon practical experiences. We have simply convoluted the meaning of the experience and come up with a different meaning altogether.



Jai Uttal - Gopala 354K views • 11 years ago Shakti Amrita

Naval Special Warfare - Meeting Alien



I was working for the Navy as a computer programmer. One day I got off work and was walking downstairs from the main building I was working in.

All of a sudden this alien is behind me. He looks like a combination of a human and a reptilian. I had a little fear but I knew I would be all right. As soon as I reached the bottom of the stairs I saw the guard look right at me. I was thinking do you see what I see?

The alien was right at my side. I couldn't believe the guard didn't see him. I laughed to myself and walked out of the building. The alien continued to walk by my side until I got to my car.

I entered my car and the alien sat in the passenger seat. He drove with me about 10 miles.



To this day I wished I said something to him. I was still a little afraid not because he was an alien but because this incident caught me totally by surprise.

I remember looking at this alien in my car and I could see him smiling inside. He was friendly and at

the same time full of wisdom. I knew I would be ok but at the same time, it was an Erie feeling that I saw an alien face to face.

It's strange in our society the vast majority of people know some beings exist from other planets or worlds and our government tries to suppress and downplay any activities about UFOs and aliens.

Some people might say it was a hallucination or a vision. I don't drink, take any drugs including medical drugs, get plenty of sleep, etc. This encounter was as real as any physical encounter with any human being I have faced. The only difference was this was an Alien.

For myself, I knew I had a wonderful encounter with an Alien from a different home than earth. The next time I think I will carry on a conversation and learn more about him.

A few months later I was with Zoran who claims to have a huge mother ship within our galaxy. He was taking my family for a walk in the Laguna Mountains outside of San Diego.

I had no idea where we going. I had a picnic lunch with me. We probably walked for about an hour. All of a sudden Zoran stopped and with a smile, he said: "Do you see anything different about this place."

I looked around and at first glance, I thought about what you are talking about. All I see is just a forest. Then I started to see what was around me. All around us were a huge circle.

Inside of this circle the leaves, grass, and trees were burnt. I have heard stories about how when a UFO lands the surrounding area is burnt. I knew this wasn't

man-made or made by nature. It was obvious some craft had landed. It was kind of strange that Zoran took us on this walk and we just happen to end up here.



#### Micah



The following are excerpts from a conversation with Zoran. This was a wedding present.

Barbara and my daughter Aleia were present. The date was May 20, 1990.

Richard - Could you please tell me about Micah?

Zoran - What desire you to know?

Richard - What do you know about the guy?

Zoran - what will be a more specific question?

Richard - Who is Micah?

Zoran -Who in terms of the whole?

Richard - The whole (yea)

Zoran- Let me see if I can give forth words. No, you what is called universal core. Essence indeed. There are some beings that direct specific energies at specific times. They are not confined to what is termed position in the hierarchy. This being is not confined. Does this make sense to you?

Richard - yeah

Zoran - It is beyond what you would normally think of as the whole - Like a radical

All - Laughter

Zoran- this being is allowed to move about and to do things that perhaps you might say this is against the rules. This is outside of what I've known, learn, or heard. What desires you from this being?

Richard- well that name has been coming to me a lot. I'm just trying to go to the mystery of it.

Zoran-Wondrous being Richard. Contemplate you that not all beings in this universe at this time not only came from this universe say I. Some come from essence beings that are not confined to what you consider to be the whole. Indeed. Now how do you think you are?

Richard- Probably that guy.

Zoran- Indeed. And it's radical. And it is not confined. That is why I say to you. Say a normal being walks through a gateway. If by going through a gateway the rules are set. You have come to an understanding within yourself, which is termed your growth. The rules are not set but only by you. See you/

Richard - Yes

Zoran- There is a troop of us here. See you.

All - laughter

Zoran- You know this thing already.

Richard-You mean the cosmic jokers?

Zoran-Well it's something like that. Know you they are the ones who bring about balance. Because of what is termed their freedom to move outside the rules. Beyond space-time.

Without a judgment or a thought of this or this is that. Indeed. The understanding is within the heart which is greater than either one. Do you use this name?

Richard-I uses it to me sometimes.

Zoran -and

Richard-I have been using this name for two years now.

Zoran-It is an important thing that you not only acknowledge here (pointing to my heart) but you have some say here (physically) that you acknowledge it to your senses. Understand.

#### Richard-Huh Huh

Zoran-Desire you Richard to speak what is termed the public.

Richard-Sometimes. I know I have a mission here.

Zoran- I'm asking this question for you to contemplate whether you desire to be what you call the front.

So you are seen. Or do you desire 'to be from behind?

Richard-Well a lot of times I can be behind the scenes. I don't want to be famous. I have no need for that.

Zoran-This isn't about need. It is a matter of choice.

Richard-Well let's put it this way whatever I can do to help.

Zoran-I will say this thing to you. It is not that you have to do this thing yourself. You have the capability of creating a being to do that thing for you. It is a choice. However, some things would certainly be different if it was you. How many beings are going to channel you?

#### All-Laughter

Zoran-See you. It is a part of directing the truth. Understand. And that would be grand humor. But what is termed what I said to this wondrous being (pointer to my wife) this secret, this secret that you are present?

Know unless you want to share that. If it is not then the expression that comes forth will create havoc for you.

Richard-so what does it mean to go public?

Zoran-It means you are a love giver. Going public. Many things are changing as you know. A lot of what has been spoken before as the foundation that you and others laid are begging to come together.

There is what has been termed some confusion and what is called frustration from times past. All this time has passed and I have given up hope.

### All-Laughter

Zoran-what do you do know? Do you look at it and say I could get burnt. Now you are more cautious of the picture. This is humor. Now what you have created you think will bite you. (Laughter) give you this thing teeth. Know you what you termed hobby. Recreation.

Richard- yes

Zoran-For you this thing of public, sharing your essence is recreation. That is true.

Richard-yes

Zoran - Feel you what is termed guilty. Indeed that it is recreation and so easy. So how do you rectify this thing Richard within side of yourself so there is no guilt?

Look around and see beings who have a lack of understanding, who are in pain, who are in poverty, who are all these things, and mostly in ignorance. And you have so much and so easy. See you.

Richard-Yes (softly)

Zoran-Number one you must let go of the guilt or when you touch it, it will bite. Understand. You must love here yourself (pointing to heart). And be in love with yourself and no other comes before.

If you don't it doesn't mean that you will not (within this whole that is here) It means that you are in honor of the being that you are.

You cannot maintain the balance within yourself or perform your service in your easement and your joy and your simplicity. Indeed if you do not do this thing for yourself.

Richard-yes

Zoran-I can skip across the planet because I can. That's it. Indeed

Richard - (Laughter) Indeed

Zoran-If I was to say to you this has nothing to do with earning this reward, earning this thing, this greatness. That happened a long time ago. Desire you another ceremony.

Richard-(Stopped for a moment and wondered what he was talking about. Then I remember the ceremony I had onboard his mother ship) Yes Yes

Zoran-That is why I say to you very important it is up to you. You make the moves now. Think you can live what is termed your life and others can channel what is you're called your being.

It will all work out fine together. And be that this thing is occurring and you be more aware of this more and more. Know what happens to a being who is in a position to teach and that is not the greatest word. You go around pretending you don't know.

All-Laughter

Richard-Yes

Zoran-So what now are you going to do? You aren't satisfied with that. Be that the true.

Richard-Yes that's the truth.

Zoran-You must contemplate this thing. What are you willing to do for yourself? For your joy here.

Richard-Now let's say I did want to do this thing. What do I do?

Zoran-You mean where do I start?

Richard-Right

Zoran-You start from here (pointing towards the heart) and you start from the people who are close to you. Start with letting go and letting it be.

Simple. It doesn't require letting go of the other things that you have moving. Indeed. A being who is capable of stepping out of space-time, of making the rules

can certainly do more than one thing. And in all honesty, if you did not do more than one thing, you would be very upset with yourself and very bored.

All-Laughter

Zoran-Allot of the beings has not allowed the foundation support to be present. I am not just talking about funds. I am talking about people. The other beings who are meant to be there are not there.

Both of you should sit down and make a list of beings who come to mind. Make a list of what each being means to you. It does not mean that because a person is present in your life that they belong on this list. This list is those people which support you.

Honesty. Indeed. This is the only way you will have peace. I will say again the group of you shall do great things. Know those adventures that you see in your heart. Indeed those great expeditions. Those will be present. There are some things that are laid away. It will be one of those in search of adventures/

All-laughter

Barbara-A quest

Zoran-They are not a grand thing.

Barbara-That sounds like fun.

Zoran-There are a great many things to do. The public is beginning to come to a stage where they are awaking. They are asking for many things.

Many of those beings who were awakened and being awakened were discouraged. Many have fallen by the wayside. They don't have the courage and the energy to stand forth again.

It is up to you (group) to stand and talk to the public. In truth, it was always very few. Indeed. Let's put it this way God blesses those who have taken the job and taken all the dirt.

#### All-Laughter

Zoran-that would be grand. Is it not? That was a wise creation on all of your parts. See you it now indeed.

Richard-What is the relationship between Michael and Micah?

Zoran -Say you I this. It is for you to tell Michael. Understand. There is profound respect there. You must come to an understanding of your being.

It is like this being which is called earth which is a very small planet in a very large number of planets, indeed in a vast system of universes, you have not come from here.

Never ever think you have. Be it if you were to come forth to this being it would be like your being was honored. Understand. There is great love there. Know that all those beings who are familiar with the earth are very blessed with your presence.

They honor indeed that this radical group is here. It also means there have been great growths. I might say this as well. If there were this small thing that needed to be done and let's put it this way the gods that be, greater than you have contemplated God at this point. , decided that they wanted to directly check it out.

Do a little something. Do you have a good scenario of the situation? I notice that you look at your body, this body physically and you say look at this the hair is turning gray, there is a little flab over here, this and that. Would God choose this? Indeed.

This is not my picture of a vehicle that God would use and beyond what I have contemplated God. Know that it is perfect. Was it any other way it would not be in balance? It would not be even the smallest possibility of being seen here at all.

Understand. If it would be so different by standards here, and so obvious and so beautiful all would take away from it. Understand.

# Barbara and Richard-Yes

Zoran-It would be a fearful thing, not a grand thing.



Sarah McLachlan - Angel [Official Music Video]

46M views • 13 years ago



 $"Angel" \ Lyrics: Spend \ all \ your \ time \ waiting \ for \ that \ second \ chance \ for \ a \ break \ that \ would \ make \ it \ okay \ there's \ always \ some \ reason \ .$ 

#### I Can't See It So It Can't Be Real



From what I have seen from the western experience if I can't see it then it can't be real. Or I didn't learn that from school so it must be false.

We are so conditioned that our reality comes from our five senses. Everything

else is probably a figure of imagination or hallucination. If a blind man would tell us the world doesn't exist because I can't see it we would all laugh.

Yet as a society we are acting like a blind men. What is it in man's nature he wants to know but at the same time when the truth is shown he turns his head in the opposite direction?

Are we so materialistic that we have forgotten? I said many times the American Indians could quite figure us out. We figured we could own all of the lands. And we still do.

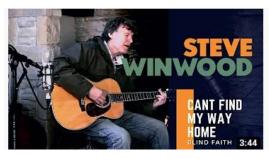
They had a completely different understanding of the universe than we do. To this day western man has failed to see the truth. Yet our modern-day scientists are discovering and uncovering mysteries of life.

There is learning from the so-called indivisible. Yet it takes a long time for our society to integrate those experiences. Each one of us has our lab to discover the mysteries of life.

Years ago man thought it would be impossible to send pictures and sound via the airwayes.

Nowadays we spend hours a day watching the tube. It's time for us to expand our horizons.

Your mind is an incredible instrument. I have thought of inventions before they even existed. You have that same capability. Dream about the possibilities of you experiencing your creator. In the end, we just have to shift our mindset. We don't know all the answers. We will never stop learning. Trust that you have inner senses that are waiting to be explored.



Steve Winwood // Blind Faith - "Can't Find My Way Home"

9.5M views • 10 years ago



Steve Winwood plays an acoustic version of Blind Faith's "Can't Find My Way Home" www.stevewinwood.com ...

#### **World Politics**



Here we are living on this planet in such a vast universe. Throughout our existence, man has been fighting with himself for thousands of years. Can we as a race ever come to a common understanding that we can corporate with others?

Each nation has its own goals and dreams. Yet all nations deep in their essences want the people to have true joy and happiness in their life. Deep inside our consciousness, this is what man wants.

Because we are so lost at times in our pursuit we can't compromise with another person, society, or country. Mankind has to learn to be tolerant of one another and to have compassion for his fellow man.

We are approaching a time when we have to change our ways. In a few years, a vast network is being created. What happens anywhere in the world can be known within minutes anywhere in the world.

We as a people need to focus on global ways to help this planet. We all believe in the same God but have different expressions of it. This is an exciting time for a man.

I feel our leaders need to take a look at their actions. Where are they headed? Do they have the world and country in their best interest or is there a hidden agenda?

The American people are sick and tired of the waste and greed in our government. Everybody wants to change but nobody knows how. We have gotten ourselves in a great mess.

I feel the only way a nation and a world can change properly is that people must change themselves.

We have to first take the necessary steps. If we would change accordingly the world around us would change. The consciousness of man has to change. We must pull in the reins of our lives. America has great potential.

We can be leaders in this world. Each of us can be citizens in this global world. We are so different and yet so similar. Let's make a change that we are proud of.

Let's not be so shaded that we know what is right for some culture, country, or person. Let's be open and give a helping hand to those who are in need.



Youngbloods - Get Together (1967) 58K views • 2 years ago



#### Wisdom



Who is wiser? The man who has graduated with top honors or a man who understands life itself. What good is life if we never realize and experience in our daily lives the power of life itself? Wisdom

comes from inside our being.

For me, Christ or Buddha was full of wisdom. Their knowledge was different from book knowledge. Their knowledge was one of practical experience.

True wisdom is different than knowledge learned from books. It is a being who is in tune with the universe. Christ didn't have to prove anything to anybody.

He mastered himself and was an example of love and compassion. He had true wisdom. Buddha sat under the Bodhi tree for years and eventually mastered himself.

He enlightened. Both of these teachers showed man that there is an experience of wisdom inside of us. There is a kingdom of heaven that exists within.

There is a saying he who knows doesn't say and he who doesn't know says. Christ and Buddha's experiences prove to the world the meaning of obtaining wisdom.

Their experience was definitely out of this world. They came and taught and left us with a great message which lives to this day. Their message was simple.

All of us have the same capability as Christ or Buddha. Christ said greater things will be done by man. The tools exist inside of us. The entire universe is becoming for us to once again know who we are. Let's walk right through the door.



Randy Travis - Spirit Of A Boy, Wisdom Of A Man (Official Video)

Randy Travis .\*

Music video by Randy Travis performing Spirit Of A Boy, Wisdom Of A Man. (C) 1998 SKG Music L.L.C. #RandyTravis ...

# Being Fanatical Wrong Energy

# Good habits are worth being fanatical about.

John Irving

When I first received knowledge in India I felt the whole world would want to receive this experience. I had such a powerful experience that I thought the whole world

would want it.

People did in fact flock to it. In the beginning, I had a lot of short sight sidings. I felt as a group we felt we were right and the world was wrong.

This is a classic example of being fanatical. This goes back to the age-old dilemma of religion God is on my side. A fanatical person can't see the forest for the trees.

These days I'm glad to see the diversity in all religions. Each religion is a flower on a garland of life.

I feel if each one of us fine-tuned ourselves in the manner that fits us the world will be a better place. Nature has taught me a lot. The sun always shines and the will always blow.

Nature doesn't try to convert anybody. It just is. It has nothing to prove. Maybe we should learn from it. By knowing ourselves we can simply be in love with the world.

We can be like a child, experiences come and go, but the thing which ties us together is love. Through that experience, we can accept the world as it is.

If we had more tolerance for each other this world would be a better place. It's kind of amazing to look back over the years and see how we have grown. In the end, I see what Maharaj Ji was trying to do years ago. Maharaj JI had to overcome his student's fanaticism. They were at times his weakest link. He was doing his job and I see people had intentions but were fouling it up. Maybe as a whole society can learn from one another.

Even if something means the world to you it doesn't mean that it's made for the person next to you. If it may be true. People come on their terms and time.

I haven't been involved in Maharaj Ji's movement for about 10 years now but I still feel part of it. Knowledge keeps on growing.

I am not biased or need to convince anybody of the experiences that I had. They were genuine. People listen when you have nothing to prove or convince anybody.

I know when someone tries to put on a salesman job. Fortunately, Maharaj wasn't a salesman. The experience lives on.



# Going Home (Forever)



Where is man's true home? We are only here on this planet for a brief flicker in time. Where is our true home? Man has been trying to solve this question for a long time.

We come into this world and we leave. What is our purpose on this earth? Or is

there a purpose? Is our life some random event? Does humanity just carry on without even thinking about this kind of question?

Have you ever sat and looked at the stars and marveled at the perfection of the universe? We live on this small planet named earth. This planet contains thousands of different animals and species.

It has wondrous mountains with gorgeous sunsets. It contains the sea with all the beautiful creatures. It is alive. And we go through our 9 to 5 existence until we retire and then we die.

For thousands of years, great teachers such as Christ, Buddha, Mohammed, and Krishna have come to this planet. They taught about going home.

Christ talked about his kingdom with his father. He said you belong to the same kingdom. Buddha talked about his home which pervaded beyond time and space.

All of us want to go home. The peace and joy that we experience come directly from our homes. We receive small impulses and messages that yes there is a greater home than this earth.

On earth, we can learn many valuable lessons. But it is only a school. Eventually, you have to return home. Everything eventually goes back to its source.

It goes back to its creator. Maybe someday this whole universe will collapse and return to its creator. And then maybe the whole cycle will start again.

Our home is beyond this physical universe. It is beyond the stars, the galaxies, the Milky Way. It lies beyond what we can even imagine. It lies with our father. It's amazing this human body. It's easily the most intelligent computer in the universe.

How this body function is a miracle. And yet man is wired to be more than this current miracle. We walk, talk, think, move and play which would be impossible for any robot. But we have some ability that we have even tapped into.

We can tap into our creator. Man's circuitry can tap into this experience. All of the necessary apparatus is in place. What we need is the will and knowledge of how to tap into this.

I feel as a race many of us are tapping into this kind of experience. People all over the world are beginning to open up. All of us have the capability. It is a choice. Do you want to experience your true home while you are alive? You can.



Ten years after - I'm going home 1M views • 5 years ago



Ten Years After are an English blues rock band, most popular in the late 1960s and early 1970s. I'm going home is a live .



# Led Zeppelin - Whole Lotta Love (Official Music Video) 176M views • 14 years ago



Led Zeppelin 🗸

Official music video for the Led Zeppelin classic "Whole Lotta Love" ➤ Listen to Mothership https://Ink.to/StreamMothership ...

#### The Miracle Of Life



Every day every moment of our life a miracle is taking place and yet we miss out on it. If we would be conscious we would be completely satisfied.

We look for joy and happiness

every day of our lives. We get married and have kids. We work and we play. At some level, man is looking for completeness.

He is looking for a secret life. It's kind of amazing it's right between our eyes and we miss it. The Indians have a story that the Lord wanted to hide from man.

He thought about where I should hide. In the earth or stars. He knew over time man would discover him. Finally, he came up with a plan he would hide inside a man.

Man would never look there. It's a story but unfortunately, at times it's true. Mankind as a whole doesn't realize that the power of the whole universe lies inside of us. Endless joy.

We can't even imagine what a power it is. We breathe 24 hours a day and we failed to recognize the power of breath. What is keeping us alive?

Have we ever stopped for a moment? For many people, simply aren't interested. Why should I want to know that? I don't have time for that now.

We weren't made to understand that. But we were and can have that experience. Let's stop and ask ourselves the question "where do I

start". From that question, you are on the road. Join the club. Your life will start to take off.



The Tracks of My Tears - Smokey Robinson & The Miracles 14M views • 13 years ago



Classic Motown.

# Don't Settle For Mediocrity



Man has such potential in his life. We are all born with a unique gift to offer this world. Unfortunately, at this present time, there is so much mediocrity and a spirit of giving up in this world.

We need to rekindle the spirit in this world. Each of us contains the spark of creation.

We need to learn to create a passion for life. Drugs and alcohol are rampant because we as a society have given up. We have millions of prisoners locked up in prisons.

They have given up on life. In our school systems, we don't learn about the virtues of life. We don't learn how precious every moment is. We need to take a look at ourselves.

Each one of us is a part of the circle of life. Deep down further than the cellular level we are part of God's creation. We need to tap into that experience.

Can you imagine what would happen if a man would consciously tap into this energy? His life would surely change. He would be motivated. We need inner motivation.



It's A Beautiful Day White Bird 63K views • 4 years ago

# Compassion



In our highly competitive world, morals and ethics have completely left the picture. We are at total war with one another. We have takeovers and buyouts.

Just think many take over the people who take over the company have zero interest in the common worker. They are interested in making a huge profit.

If a man is cutthroat and a real fighter he can make it big in the

business world. Honesty and compassion are traits not to be had. We scheme and try to get company secrets.

France has a CIA force that lurks in America's business and obtains valuable secrets. They declare it a business war. With this type of leadership, where are we headed?

Many of the world's businesses would laugh at compassion and honesty. Yet compassion is like water. It is a very valuable and powerful force.

Without compassion, man would have perished probably a long time ago. Compassion is the glue that holds the human consciousness together.

Without it, we have a Hitler or a Napoleon on our hands. Business is so much into making a profit that ethics have gone by the wayside. We are only interested in being millionaires.

Howard Hughes was probably one of the richest men on earth but in the end, was he truly happy and content? Was he full of compassion?

A man who has compassion is perfectly at ease with his world, his neighbors, nature, and ultimately his creator. He is truly free. He needs no money to be happy.

He can have all the money in the world and he will still be content. This state of awareness is not taught in our schools.

We train our children mostly on ways to achieve financial success but we don't have a clue about mastering ourselves. Compassion is a gift from God.

To change this world, we have to be compassionate. If we truly want world peace each one of us has to develop and pray for compassion.

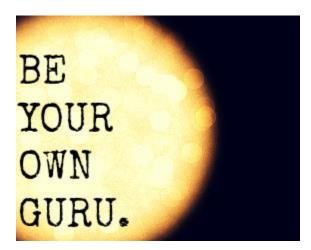


Nina Simone - Compassion (with lyrics)
13K views • 10 years ago



Lyrics: http://easylyrics.org/?artist=Nina+Simone&title=Compassion Thanks for checking out our videos and site!

#### Your Inner Teacher



I know of many students who have the attitude that my teacher is better than your teacher. I say so what? Each teacher is different and unique.

If you go to the university even if you had a lousy teacher if you wanted you would learn. Now you could have the greatest teacher on the face of

the planet and if you didn't want to learn you wouldn't.

I believe you are your teacher. They are there to assist and guide you. But it is up to you to do your lessons. You have to want to learn. Maharaj Ji said you can take a horse to water but you can't make it drink.

He said well you can put salt in his food. Teachers put salt in our food. They give us the raw inspiration that we need. I know with all the teachers I had I received the inspiration to carry on.

Over the years I have also learned from my inner teachers. Some teachers can come in the forms of visions, dreams, and emotions.

Our inner teacher is ever-present in our life because it is ourselves. We just have to be still and learn how to communicate with it. Your inner teacher is your closest friend. It is there always to support you.

I have learned over time to respect all teachers. It took me a long time. Even if I have more feelings about certain teachers I have learned respect.

They are only trying to help humanity in their way. Sometimes they fail but so do we. We are all teachers. Let's be open to one another.

So many times a new concept or idea happens on this planet and the world laughs. I don't care what human arena it is but we do it. Years later it becomes the truth. In the meantime, we are the fools. In the end, I would like to congratulate all the teachers on this planet. You are taking the right step.



Beauty And The Beast - Celine Dion & Peabo Bryson - Lyrics - HQ Sound  $_{31M\,\text{views}}$  -  $_{2\,\text{years}}$  ago



"Beauty And The Beast" Celine Dion feat. Peablo Bryson Tale as old as time True as it can be Barely even friends Then somebody ...

#### The Great White Brotherhood



One of the greatest events in the history of mankind is happening right before our eyes and were not even aware of it. This world has reached a juncture where we must decide where we want to go.

We can blow ourselves

up or we have a few wonderful options. The great white brotherhood is a consortium of beings who help balance the state of affairs on different dimensions.

They have existed for eternity. Many wonderful beings have merged themselves as a single and yet separate conscious. They are both sides of the coin.

They are separate entities yet at the same time, they are a group with a common consciousness. They are here for universal justice. They don't enforce their way on anyone.

But if you want their assistance they will come in any shape way or form. The majority of all our great spiritual teachers past present and future are part of this consortium.

They are here because they love humanity. At this critical time in the history of the planet, we need help. Our government can't solve the problems.

There are millions of people on the face of this planet who are part of this master plan. Some are aware and some are not. We can blow ourselves up in disharmony or we can learn to live in harmony. It is our choice. They will never harm us.

They aim to protect humanity. But it is our decision. Humanity as a whole has to make that decision. Do we want chaos like we have now or do we want a planet where happiness, cooperation, and tolerance reside? I have met many of these beings and they are the most compassionate beings you will ever meet. A lot of them have lived human lives and know our drama.

They learned to transcend this world. Their joy is to assist and teach us ways to improve our lives. They're not interested in changing your religion. They just want you to be a better Christian if you are Christian.

If you are a Buddhist, be like a Buddha. Live in the compassion and tolerance that the Buddha preached. We are all brothers and sisters from the almighty father.

They have been sent here by our father to help humanity. What would this world be like if we all lived in compassion towards each other? We would be in peace.

We are living in disharmony. When a man lives in disharmony his civilization goes down the tube. We have the ability the change ourselves. Each one of us has all the help we need if we request their help.

We should pray and ask for guidance in our lives. Let's stop pretending we know all of the answers. We don't. Help from the entire universe is at each one's beckoning call.

We just have to ask. It's time humanity wakes up. A lot of people think I'm too busy with my life. Well, when your last breath leaves your body

how busy will you be? Let's build a safe place in this world. We all have the same dream.

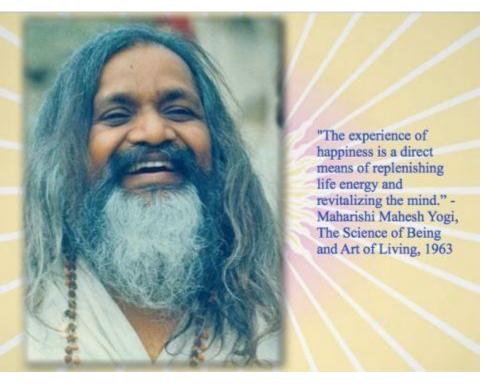


Billy Preston - My Sweet Lord (Live)

George Harrison 🗸 54M views

Music video by Billy Preston performing My Sweet Lord (Live). © 2017 Oops Publishing, Limited, Under exclusive license to Craft Recordings, a division of Concord Music Group, Inc. http://vevo.ly/...

# Maharishi Mahesh Yogi



One teacher who I have never met nor I have ever studied under is Maharishi Mahesh Yogi from India.

He came to the states in the mid-fifties and for the first time taught people to meditate. People from all walks of life have learned to mediate.

He was the one who got the ball rolling in the

west. There were teachers before but they had a small following and required you to live a certain lifestyle.

TM or transcendental meditation was for the common man. Millions of people in the states received this initiation. It was very scientific. It was religious at all.

It provides a way for people to get rid of stress in their lives and experience peace. Studies have shown that meditation can reduce crime in areas where people meditate together.

Man can change global conciseness by mediation. People were tapping into parts of consciousness that were beyond the space-time continuum. A lot of them were doing it sub-conscious but nerveless it was happening. Each thought and emotion that we have contains an

amount of energy. Man's energy pattern at this moment is one of disharmony.

This is the main reason we have war, crime, and frustration in our lives. Our inner conciseness reflects our outside life. In the west, there are probably hundreds of different groups which are trying to change their consciousness.

The snowball is rapidly gaining momentum down the mountain.



The Fool On The Hill

Brijus The Beatles J

Provided to YouTube by Universal Music Group The Fool On The Hill - The Beatles Love ® 2011 Calderstone Productions Limited



This phrase Be Here Now has turned really into a cliché. Yet there is a lot of truth behind this phrase.

As humans beings, we tend to live in the past or live in the future. I remember as a kid I always wanted to be older and when you're older you want to be younger.

We don't know have to live in the pure joy of this moment. We don't ever smell the flowers. The whole world is so preoccupied with their life

that they don't realize the miracle of life itself. If one would experience the miracle of life you would be present here now.

Your consciousness would be here not in the past or the future. Most people don't know the power of the mind. If you would ask who has control over you, you, or your mind they would say of course I do.

But if you show them how to meditate they would be surprised. So many people I know have given up meditation because it's very difficult to control the mind.

They would come up to me and say I never knew my mind would chatter so much. I would just laugh because I was there myself. Practice makes perfect. By putting in the effort we can learn to control the mind.

The mind is our friend. Man has to learn how to meditate 24 hours a day. It doesn't matter what state you're in whether you're in the waking, dreaming, or sleep state we can be conscious of the energy that is keeping us alive.

I'm not there but I do see the possibility. It is not impossible but it can happen. In that state of awareness, we would be present in this moment. How many times have we had an experience that came to us and we weren't just there?

Maybe it could be like making love. Your there, your body is there but the mind and your consciousness are somewhere else. You have gone through the motions but missed the experience.

A lot of times our bodies are running on a sub-consciousness level. We aren't quite there. The phrase Be Here Now has been around for a long time now.

Let's shift our consciousness so we can truly understand its meaning. I know a lot of people think that is an old hippie phrase but it's not. It came from the Sanskrit language SAT CHIT ANANDA.

Sat means truth CHIT means Consciousness and ANANDA mean Bliss. Truth is the consciousness of Bliss. All over India, this phrase is plastered all over the temples.

It has been used for thousands of years. Long before our present western civilization. Even back then man had the same problem. He lives in the past or the future.



Give Me Love ~ George Harrison: Krishna Bhakti Art ॐ • 7.4M views



A Vedic devotional digitally enhanced bhakti~art slideshow set to "Give Me Love." by George Harrison. Splendid Animated Artwork by Vishnu108. The lyrics to the song follow............ GIVE....

#### Don't Make A Mountain From A Molehill.

# Don't make a mountain out of a molehill.

Jewish Proverb

Have you ever noticed how as human beings we tend to blow things out of proportion? We love to take our problems and blow them up like a balloon.

I know I have sure have done it. Probably most wars have started this way. Somebody says something that hurts your ego and the next thing we know nations are fighting with one another.

Sometimes as humans we don't respond rationally. What would our response be like if we just stopped took a deep breath and just relaxed for a moment?

We might see a different picture. We might see that we read words that weren't there. At that point, we could easily defuse the bomb.

Once we light the fuse it's very difficult for two people or nations to stop the conflict. We do the same in our everyday life.

The husband comes home tired from work and the wife snaps at the husband because she is frustrated by something else. The husband snaps back and a fight occurs.

If we would just relax for one moment and defuse the bomb like - Like I see your tired let me make dinner things were be all right. I know I have a lot to learn from relationships.

It took me years to realize that humans don't have telepathic conversations with others. My brother and I had this type of communication.

When it got time for relationships with others I had to develop the necessary skills. Man and women have to learn how to help one another.

I know for men it is hard to express our emotions. We were taught never to cry. We should suppress our emotions. It took me time but I'm learning to express my emotions.

When I'm happy I'm happy. When I'm sad I'm sad. If I cry I cry. Emotions are tools for us. Once we learn about our emotions we can enjoy this life. Our bodies will love us for it.

Each time we suppress an emotion the emotion gets suppressed into our body. We can be stiff as a board. If you ever saw someone who is very stuffy.

Not only are their emotions but also their body. There aren't flexible with life. They carry an attitude about life. We as humans have a lot to learn. I sure do.

Yet each step of the way can be a meaningful experience. Next time we see a molehill let's stop, look and listen. Maybe it won't turn into a mountain.





#### The World Is Not Flat



Isn't it kind of amazing that for years Man believed that the world was flat? We believe that if a ship was to sail off into the horizon it would eventually fall off the face of the earth.

For years science and philosophy had been in touch with each other. The philosophy at times was based on our present scientific understandings.

In present-day science, each scientist is a specialist in his field. The present-day philosopher can't keep up with all the various discoveries (nor can the present-day scientist). Science has become an evolution revolution.

Discoveries are made every day. Meanwhile, on the philosophy side, we have kind of stagnated. Maybe it's time for a new way of learning and of perceiving ourselves and our world.

Our thinking is still primarily based on the same thinking patterns as in the past. Most of us still think that intelligence only comes from the brain. But scientist knows that intelligence exists inside the whole human body.

There is a fine line between our body and the mind. Can we discover new ways of thinking? Can an image be a powerful thinking experience?

What is the power of thought and where does it come from? Is it possible to be in touch with universal intelligence? Is there a universal intelligence?

A lot of our so-called wisdom is based upon facts. A person can get straight A's in school but is he truly wise? He may know a lot of worldly knowledge and facts but has he developed his imagination?

A lot of inventions and theories were developed by man's imagination. Just imagine young Einstein having a dream and realizing a piece of the puzzle that he was trying to figure out.

Can we discover an intelligence inside of us that we have yet to dream about? A lot of our scientific discoveries are based upon capitalism.

We tend to leave out the effect on the environment and the effect on nature. Can man as a civilization ignore the fact that we are in charge of the destiny of the planet?

Can a man make the transition where science and nature can be in harmony with each other? Science has been divorced from nature for over one century.

Science tends to think that it can control nature. It seems to think the earth has unlimited resources. It is now time for man to tap into intelligence that hasn't been tapped into for a long time. It exists inside of us.

It doesn't exist in book learning nor lectures or schools. Our whole life system is composed of this intelligence. It is life itself. Somehow man thinks what life can teach me.

Look at what I have done. Well stop breathing for 10 minutes and then tell me what kind of intellectual life has. You will know that life itself contains the key.



Paul McCartney - Maybe I'm Amazed 6.2M views • 10 years ago



Track 09 from the album McCartney - 1970 Baby, I'm amazed at the way You love me all the time And maybe I'm afraid of the way ...

## Go Beyond Your Books



In terms of religion, I feel that we should go beyond our books. So many times we feel our book is the only way to heaven. But a book only points the way.

A book inspires us to be compassionate and loving to our neighbors. You can take

any person who is fanatical about their religion and take him to an enlightened person and that person will probably just smile.

He has nothing to prove. He is content. He experience's his father. I love to read scriptures. I love the inspiration that comes from them. But I also want to practice the ideas that come from the book. '

So many wars have been fought due to the word of God. God is only on my side those pagans. Look at the Crusades. Most wars directly or indirectly involve God.

Maybe it's time we all sit down and realize we are talking about the same thing. It's like the elephant story where 3 blind men touch an elephant. One man touches the elephant's ears, another the trunk, and the last one on the elephant's foot.

Each one of them is convinced their experience is real. It is but it's not the complete picture. We all can learn from each other. My travels around the world have brought me in touch with so many different cultures and religions.

We are all talking about the same God. We just use different metaphors and our books are different. The essence is the same. I have looked at the major scriptures around the world and they talk about the same experience.

All of them talk about light. The light of God. Do they mean I see the light of the manner or is there a practical experience that each human



being can experience? Amazingly, science and religion are so closely tied together. Einstein said that E=MC2. Energy = mass times the speed of light squared. Energy = God.

What religion calls God scientists to call it energy. Energy cannot be created nor destroyed. God cannot be created nor destroyed. Energy is was and will always be. God was is and will always be.

All scriptures talk about the word of God. The world that can't be spoken with these lips. In the beginning, was the word and the word was with God and the Word was God.

In the past, the word was named LOGOS in Greek. LOGOS means energy. In the beginning, was primordial energy. The primordial energy was with God and the primordial energy was God.

The Hindus talk about Sat Nam. The Moslems talked about Pak Name. All of these religions talk about the word of God. This word was is and will always be.

The whole vast universe with all the galaxies and stars is contained in this primordial energy. Christ said he was the word made flesh. The father and I are the same. We come from that same father that same energy.

Christ said greater things ye shall do. We can have that kind of experience. Our father lies within. We don't have to die to see our father.

Christ was an example of that. I believe in the universality of religions. I don't think we need to convert one person from one religion to another.

Let man keep his religion and find God inside of our hearts. Then we shall see that we talking about the same thing. In the end, let's read the scriptures but practice what we preach. Let's all be full of compassion, tolerance, and love that these great masters taught.



# Heaven is a state of mind, not a location. Wayne Dyer

As you can see I have had a lot of different experiences in my life. All of them are without any meaning without the power of love and compassion.

A person can control the whole world and move mountains with his hand and yet without love he is wasting his life away. Heaven on earth is based on love and compassion.

We have had so many wonderful teachers in our life. The Buddha, Christ, Mohammed, and Krishna. Each one taught about the power of love. If we want heaven on earth we should all be radiating in that love. It is possible.

If each one of us took our responsibility to manifest love and compassion the world's problems would go away. We would corporate with each other.

Greed would go away. Heaven on earth is a state of mind. We would respect nature and all of the animals. Because we have lost sight of who we are the world is in this mess. We all have the power to change.

All we have to do is want to. If we ask for the necessary change our intelligence will assist us.

Do we want a better world for our children? Can we learn from our mistakes? Humanity is at a juncture. Are we going to survive or blow ourselves away?

Can we be more tolerant? I admire the Buddhists and all other faiths who pray for world peace.

Each one of us should pray for peace in this world. The Tibetan Buddhists got thrown out of their country and yet they practice non-violence.

They go all over the world and pray for peace. How powerful a statement. Here in Hawaii a lot of Buddhists live. I believe that we can change.

This is our innermost desire. Our whole being comes from that supreme creator that is love. If we look we will find. I have seen in so many people the quest for love.

May one day in our future shall the world reside in peace? Heaven on earth is a state of mind.



Eric Clapton - Tears In Heaven (Official Video)
101M views • 12 years ago



"Tears in Heaven" is a ballad written by Eric Clapton and Will Jennings about the pain Clapton felt following the death of his.

# Dreams -Your Subconscious Is Telling You Something



All of us dream every night. The majority of the world sees dreams as without any meaning. Yet our dreams are there for a purpose.

Is our subconscious speaking to us in our dreams? Do our dreams contain our innermost secrets? Do they contain messages that can help us?

One aspect of dreams that I'm fascinated by is the dream state is a reminder of who we are. We are all dreamers.

We all dream of a better world for our families and ourselves. Our dreams allow us to touch and feel that part of ourselves that is perfect and pure. It guides us, teaches us, and nourishes us. It is one of our best friends because it is a part of ourselves. Dreams teach me to tune in

and listen to myself. At times the images will show me where to go and where to turn. There is an active intelligence taking place. It brings us into a primordial place.



Just think every night man dies in this world and enters the dream world. Can we merge our consciousness from the dream world into the waking state?

What would happen if we learned to consciously day in and day out (dream of heaven on earth)? Could we somehow bring this unconscious into this world? We have this kind of power. Let's unite ourselves and bring our subconscious being to live.

We only have a small portion of our brain. What would happen if we learned how to use the full capacity? Our whole body is designed for it. We are truly beings of love. We have just lost sight of who we are. There are millions of people out there who dream of heaven on earth.

John Lennon wrote a great song about the power of dreams - you may say I'm a dreamer but I'm not the only one.

I hope that someday you will join us and the world will be as one. The power of dreams. Let this whole planet dream of peace on earth. Not only during Christmas but every day of our lives.



Heart - These Dreams (Official Music Video)

thebandheart ."

REMASTERED IN HD! Official music video by Heart performing These Dreams. #Heart #TheseDreams #Remastered.

# On Your Own Or I Get By With A Little Help From My Friends



Each of us had teachers who guided and molded our lives. The three teachers who molded my life were Maharaj Ji, Mafu, and Zoran. Each one of them gave me different kinds of insights.

I told you I first met Maharaj Ji in India. He was only 13 years old when I meet him. Maharaj Ji as a person was incredible.

He was very funny. I remember being with him and hearing him tell one-line jokes one after another. I felt I was going to die from laughter. He was very bright as a boy.

He was probably the most intelligent kid I knew yet at the same time he loved to play games. He had a serious side and yet the love to play.

I only interacted personally with him for only a few years. I felt he was my best friend. Yet at the same time, he was my teacher.

He motivated me and encouraged me to discover who I truly was. It was so wonderful to have a teacher to assist you in your personal growth.

I saw he was motivated by his mission. He had millions of people who were practicing meditation. His whole life was spent traveling around the world and helping others.

On one side I liked that Maharaj Ji wasn't a hermit. He married quite young, had a family, and was involved with the world. He was quite rich.

Many people criticized him for having money but to this day it doesn't faze me. I like the idea that we can create our dreams. This world isn't meant to escape. Each one of us has a different dream. I like the idea to

see one man's dream manifested. It brought to me that I can create my happiness. I can create anything I want. It was beautiful to see that as a person he was growing.

One thing I learned was that I was responsible for my own life. Nobody would live it for me. Maharaj Ji simply advised on living your life. His talks were inspiring to hear. He inspired me to transform my whole life.

Each one of us has to make effort for our transformation. To this day I still use his mediation techniques. They opened my door to myself.

Years later I'm still on the same path of self-discovery. It keeps on getting better.

Mafu was another profound teacher. Mafu is channeled by a beautiful lady name Ammaji. Mafu was radically different than Maharaj Ji.

In the beginning, his meditations were guided meditations with a lot of imagery. He brought in a lot of ancient wisdom from cultures all around the world and not of this world.

His message was that we were in charge of our development. I learned about the power of thought and how to empower my own life. His teaching was radically different.

I learned a lot about my own emotions. When I was in his presence I felt like I was with my best friend. He treated us as equals. His goal was for each one of us to discover the way to come home.

Mafu was also incredibly funny. He had a great sense of humor. He was highly emotional. His wisdom touched me deeply. I learned some powerful prayers from him. There were very touching. He brought me in touch with my love for God. Around four years ago he started to bring the old Vedic wisdom.

He introduced a lot of old meditation techniques to get in touch with ourselves. This ancient wisdom was the foundation upon which India was built.

I haven't spent much time personally with Mafu but I consider him to be a good friend and teacher. I have gained much wisdom each time I have been in his audience.

I had many profound experiences with his audience. I found a lot about my past through many visions.

The last time I saw Mafu was on his land in Oregon. I just happened to be on a business trip to Portland and I received a phone call from a dear friend Harry Bartz.

Harry told me that there was a 4-day retreat and why don't I come. A rental car was arranged for me so I drove four hours to the retreat site. I had a great time there.

The event was extremely organized. Mafu was sharing old Vedic meditation techniques with us. I remember the first time I walked into his temple I sat down with the group and I was a little embarrassed.

This huge rainbow stream of light came out of my being and filled the whole room. I felt a little awkward because I didn't want to be disrespectful.

I didn't want to announce my presence. I had a wonderful time there. I wrote Mafu a letter saying I wanted to move my family there. It never happened.

I felt very fortunate to have the chance to have been there. I feel the work that Ammaji and Mafu are doing is very beneficial to this planet. I could set in both of their audiences for hours. It is highly entertaining and at the same time most enlightening.

Zoran was another great teacher in my life. From the day I first met him we became good friends.

Zoran is channeled by Makara. Zoran was different than both Mafu and Maharaj Ji. His whole teaching was through play and laughter.

I learned more about my child's aspect of myself. He also had great wisdom. Through his teachings, I had incredible meditation experiences.

At times I felt my whole body would disintegrate into light. We went to Mexico together for one month. It was an incredible trip. Both Zoran and Mafu taught me that we are our own masters of this life.

A teacher guides us but we have to do the work. Zoran's philosophy was simple. His way to enlightenment was through ecstasy.

Mediation was a joy. Life was not a struggle. He taught truly to be in love with life. Zoran was the one who was my teacher in the past all the planet called Nucleus.

There I learned about the innermost secrets of energy. He was the one who was responsible for taking me on the tour of his ship which you already read about. A lot is going on that meets the eye.

Each one of these teachers taught me something unique about myself. I learned about emotions, meditation the power of thought.

I learned so many incredible tools. Each teacher respected me and I respected them. It is and will be a great learning experience.

For some years now I have integrated the tools I have learned into my daily life. I respect all teachers from all walks of life. We all are in this dance together.

As Mafu put it we are only strong as the weakest link. By making one of us strong we will become stronger. It's a new step in evolution.



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source of life in this whole universe. Anything new we are skeptical.

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#### Health



This human body is the crown of creation. Yet we really don't treat it as such. The greatest gift we could have is one of health.

Unfortunately, the vast majority of society either doesn't know or care about this wonderful human body. It is a gift from our

### father.

The West is slowly realizing the importance of preventive medicine. People are beginning to understand the importance of it.

or such a long time people have given their power over to the doctor to keep them well. They wanted to take no responsibility on their own.

The doctor would give you your medicine and you could go on your merry way continuing our lazy habits. Luckily in the last decade, western man is slowly turning around.

The majority of the population used to think that I can't come down with a major illness. I can continue with my bad habits but I won't get sick.

With this kind of attitude, America is on the low-end scale of world health. We know how to abuse our bodies by smoking, taking drugs, poor diets, lack of sleep, and highly stressful lives.

At times I'm amazed we are still alive. How much abuse can we take?



Luckily there is a lot of information out there that deals with preventive medicine. During the early eighties Deepak Chopra an Indian doctor from Mass. learned about Ayurveda medicine from his teacher

Maharaja Mahesh Yogi. His teacher told him to introduce this type of medicine to the west. When he first started practicing this new medicine (which is a system thousands of years old) the western doctors had a chuckle.

But in due time they had the last laugh. Ayurvedic Medicine contains common sense which in our times is uncommon. It treats the body as a whole.

I'm not a teacher or master of this subject but I bring up the point there are systems out there that we can practically use to obtain optimum health.

The Chinese have also a lot of preventive measures that we can use. A lot of this boils to simply changing our habits. Let's find out what kinds of foods are beneficial for the body.

How much rest do I need? If over the years you are neglecting your body in this manner the stress level is going deeper into your body.

Someday some disease will manifest. Do you exercise? It's too boring. Well, find one you like. Your body needs it. Do you smoke? Give it up.

Do you know any stress-reduction techniques? Are you always on edge or on the go? Do you need to learn how to relax? Is your body stiff as a board?

Are you flexible? Try learning about yoga. What I'm saying is the foundation lies out there. All the necessary tools are there. There are plenty of books on the subject.

Now is the time for us to be in charge of our health. Let's bring it back to where it was supposed to be in our own hands.

For myself, I learned from a young age to take care of my body. I was a vegetarian for over fifteen years.

The only time I ever eat meat is at a restaurant or at a friend's house which is very occasional. I don't eat much junk food. My favorite foods are fruit and vegetables.

Since I learned cooking from my travels around the world I learned to cook food that was extremely tasty and at the same time good for the body. I don't have too much fat in my diet. I get plenty of sleep.

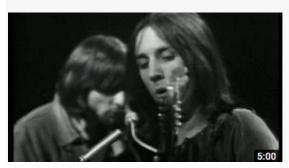
If I know my body is about to come down with something I go to bed an hour earlier and usually wake up in the mooring feeling great.

I've learned that my sleep heals my body. The best times are from 8 at night to midnight. I hardly ever go to bed past 10 o'clock. I exercise by riding a stationary bike, do yoga exercises, swimming and surfing.

I usually try to meditate once a day with my eyes closed. Also, I practice a technique where I try to be in the state of meditation 24 hours a day.

This state makes my mind and body relax. It brings the body to an easement. The disease is simply the body and the mind is not at ease. Too much stress has been developed.

Overall I'm still learning about my body. I am always reading about ways to care for this precious instrument. There is so much information out there. Let's as a nation once again be healthy in this way.



Joe Cocker - With A Little Help From My Friends (1968)

590K views • 13 years ago



vinylsolution

"How It Is" (1968)

#### PAUL SIDES



When I first moved to Hawaii I heard that an old junior high friend was living in Maui. I hadn't spoken to him in probably 20 years. Paul was a twin too so we had a lot in common.

Both of us were surfers. When I met him after twenty years I was impressed by him. He was truly a genuine human being.

He carried that aloha spirit. He was a genuine human being. He was full of love and compassion. He had a lot of friends on this island and introduce me to him.

I didn't pick up any ego from him at all. We became greater friends. I would meet him very early in the morning at the beach. He taught me the ropes about surfing in Hawaii. He had a great sense of humor.

Both of us were involved in our quest to find God. We shared a lot of love and brotherhood. I found out that he was dying from cancer. He had cancer for five years.

It would come and go. Paul never complained about it. When I was in his presence I felt gratitude that I knew a human being like this. In the end, Paul died. Hundreds of surfers came to a huge party at the beach.

This is what Paul wanted. He wanted each one of us to cherish life. Even amidst his death, his presence was there. Paul where ever you all I love you. Aloha......



Elvis Presley - An American Trilogy (Aloha From Hawaii, Live in Honolulu, 1973)

14M views · 3 years ago

Elvis Presley 🗸

 $\textbf{Elvis Presley made television and entertainment history with his Elvis, \textbf{Aloha from Hawaii concert, performed at the Honolulu}...$ 

#### **Goals And Dreams**



One of my goals is to be able to study with the major religions of the world and have the experience of realization through each one.

One man I admired was the 18 century Indian Saint Ramakrishna. He could have a

wondrous realization for all the major religions. I would like to try that someday.

I know that all religions deep down inside are talking about the same experience. I have my own experience of the major religions that have been wondrous.

But I would like to walk in their shoes for a while. I think in my way I could simply show that we are in fact flowers on a garland. We are not separate.

Each of us is unique. I would love to study with the Dalai Lama in India. I would like to study with the Franciscan monks and with the Hindus. I would like to know more about the Moslems religion.

These are a part of my goals. I would love to try to help people. I have a lot to offer. I am just a simple human being but I truly want to serve. I hope this book touches just one person.

Then I know I have done some service to mankind. My goals and dreams are mostly based on heaven on earth. I'm just trying to be an example. I have a lot to learn. I stumble at times but I pick myself up and keep on walking.

I would like to someday have a place in Hawaii where people could come from all walks of life and learn from various teachers.

People could come for a period such as a week or two and bask in the Aloha spirit. I would have it much like the Monroe Institute in Virginia.

Another goal I have is I would like to put together a series of Peace festivals around the world.

These festivals would have different kinds of speakers and musicians from around the world. Its main focus would be on the practical ways peace can be achieved in our society, nation, and the world.

I would try to gather Crosby, Stills, Nash and Young, the Beetles, Bob Dylan, Rolling Stones, etc. If anybody has any interest or ability to pull it off contact me.

I would like to be a part of a Peace think tank. I would like to get together with politicians, religious leaders, and business leaders. I would like to come up with a practical plan that we could use to bring peace to ourselves, our nation, and our society.

We could use the media to come up with various ways the average American can incorporate ways to develop peace. We could have series on PBS such as Rebirth of America.

We could develop a series such as the Nature of Health which would be a series based on the health of the country, society, business, politics, and individuals.

We could have a series of courses presented at schools about the value of peace. A lot of values such as peace, ethics, love, and compassion are lost in our society.

In the long run, my goal is to unite with the power of love.



## Elvis Presley - If I Can Dream ('68 Comeback Special)

Elvis Presley J 29M views

"If I Can Dream" by Elvis Presley from the '68 Comeback Special Listen to Elvis Presley: https://Elvis.lnk.to/\_listenYD Ask your smart speaker to play Elvis Presley! Subscribe to the official...

#### Dreams



At times I contemplate the possibilities of man. I envision a time that are human beings on the face of the planet is consciously aware of the whole universe.

We are the flowers, the earth, the stars, and countless universes. We are the black holes and the nebula. We are the beautiful ocean with its wondrous waves.

Yet each one of us is still in the human body. How would we treat each other? We would be one. This would be the kingdom on earth. We would be one with our creator.

We could travel anywhere in the universe. We could be with anybody we choose. We could communicate with beings from another world or dimension.

Our quest for self-expression and creativity would go on and on. Can you imagine the kind of music we could have? Dreams beautiful dreams.

Our planet would be healed. We would experience the wonders of Planet Earth. We would be in direct communication with the planet and nature.

We would love the diversity of life on this planet. We would discover that this earth is unique and different from the rest of the universe.

We would be in awe of life. We could make love with our pure essence. Two beings melting into a common bond.

We could give a farewell party for those who would wish to go to some uncharted place in the universe. There a whole new life could take place. Dreams.

We could surf waves of joy from one end of the universe to another. We would, at last, know our creator. Dreams...

Another scenario could be that man over time understood his evolution revolution. The man slowly began to wake up from his slumber.

It started all in America. During the sixties, a seed was planted in man's consciousness. Over the years people in America and throughout the world were beginning to come alive.

The man realized that he could be in harmony with the universe. It happened slowly. In the nineties, it started to hit the mainstream population in America.

People were seeing that they wanted to change. People were teaching humanity to take hold of the reins of their life. A lot of people in politics were worried.

Yet what could they do? The majority of the population was beginning to discover their nature. People were beginning to change.

Drugs and alcohol were no longer a problem. Why would you need that when a greater experience existed inside? MTV would hold parties where people would rejoice in their new beginnings in life.

All of the major religions would come together and know that we all came from the same God. Joy would spread to all of the cities.

Scientists could solve many problems due to increasing knowledge and awareness.

People would love to cooperate. How could you have racial problems when we experienced a common bond of love? We all came from the same creator.

The arts would flourish. As America reached its height the whole world was begging to dance to the tune. People from all over the world would begin to have the same kind of experiences.

Love would be truly conscious in this world. The people would come together and form a new government. The leaders would be compassionate and in tune with the people.

We would use technology as a pipeline to help this world. A vast computer network would be in place that would be more complicated than the human brain.

t last human beings would have the know-how to solve the world's problems. Poverty would be of the past. There would be people who wanted to live very simply but their land and culture wouldn't be exploited.

We would love the diversity of the culture. Food would be divine. Wow did you taste that Vietnamese cuisine? Life on earth would be a joy.

The media would put on an incredible show. We would have 3-dimensional holographic experiences where the actors on stage would be transformed right into our living room.

All movies would be 3 dimensional. Music would be a completely mind-blowing experience. We would all dance to your rhythm of you.

A few people over time have discovered how to accelerate their frequencies where they could transform their bodies from matter into light, and back again.

Over time they began to travel to other dimensions and universes. They go beyond time and space.

The teenagers learn how to do this and begin to explore regions never explored before. They are young and free and full of adventure.

They bring back the experience of other dimensions where the language is of love. Slowly these beings come to earth. There is a giant party on earth for one week.

It was during the year 2001 that the first craft was at a baseball game. The government and media could no longer hold it back.

Man was reaching the point where he could go on. The teenagers and older people were completely having a time of their life.

They decided to completely merge and go off and discover some part of the universe where they could participate in brand new creation. The creator himself was permitted to go out and create. They merged and off they went.

Their ship was of love and light. They weren't contained by the laws of the physical universe. They could go beyond time and space. So off they went. Man was truly at peace with himself and his creator. He was truly one.



# The Human League - Human 52M views • 14 years ago



The Human League ."

Music video by The Human League performing Human (2003 Digital Remaster).

#### Where Do We Come From

If you ask any ingenious person where we came from and they will point towards the stars. It's amazing that throughout the entire world they have their own creation story yet all of them are so similar. All of them say we came from the stars. I find that quite fascinating.

Little Ricky and little Johnny knew they came from the stars. How did they know? Why did they feel they were a stranger in a strange world? Why did both of them love to meditate and discover the jewel within? Most of their friends probably thought they were crazy.

Little Ricky knew that his soul was eternal. He knew the soul was never created nor will it ever die. The body will. He had visions of coming from the Platidies. At a young age, he didn't tell anyone. He could tell his brother but no one else.

What was incredible that Little Ricky had a glimpse of his true nature at a young age? He knew he came from the stars yet he knew he didn't have the full picture. To be honest that can be quite frustrating. It's like living in a dream where you have forgotten your true nature. You have amnesia yet there are signs that you remember who you truly are.

Why is it so important to remember? Well, this world can be a crazy place. We have lost touch with our true nature. We are so out of touch with the true nature that we cringe when someone tells us there is a jewel that lies within. We don't want to grab a shovel and dig for the jewel.

Somehow we are content with where we are in life. We see in America the mass killings yet we don't change the laws.

Fortunately millions of people are waking up from their slumber. The sun is rising in the sky. It was a dark night for thousands of years. Darkness has prevailed. Yet darkness is simply the absence of light. The light is shining and the darkness has no place to hide. Just look at all the craziness in the world today. Darkness has no place to hide.

I remember when I was young that Carl Sagan said that we are all made of stardust. The entire earth is made of stardust. Isn't that incredible. If you are bored with that statement then you are the universe. You just don't know it. But you can. If you are bored with that statement that is your free will and free choice.

All we are saying is that you have forgotten your true nature. You are magnificent. The universe will never judge you. You are never alone.

This journey is not easy. To be honest it's quite challenging. You will never get bored that's for sure. Little Ricky and little Johnny love this adventure. Both of them have a grand rollercoaster of a ride. At times you want to hold on for dear life and at times it's a walk in the park.

This story is not the usual story. It is told from the heart and soul of little Ricky. Did you know the more you write the more you discover who you truly are? It's like peeling an onion. There are so many layers to peel.

## Shay Clayton

I wrote this poem on 3-27-2017 for my friend Shay who passed away two years ago. Donn Rochlin did the music. Donn and Shay were tennis partners in Sedona.



Shay and his Mom 1

# Pleasant Surprise

My dear friend Shay passed away two years ago.

We were friends for around 28 years.

We considered each other as spiritual brothers.

We were on the same path in life.

He died without me have the opportunity to say goodbye.

Recently I discovered some tapes that were recorded many moons ago.

I was having a reading and Shay was in the house.

Shay said that he thought there were many people in the room because of such laughter he never heard before.

When the channel was over only three people walked out of the room.

As I listened to the tape Zoran who was being channeled told me that I spent time on a planet called nucleus.

Nucleus was a university where people studied God directly.

Imagine being able to be the whole universe and be aware of it.

This was the nature of the studies at nucleus.

Anyway, during my early morning meditation, I decided to go to nucleus.

I closed my eyes and went into deep meditation.

After several moments the next thing I knew I was in a cosmic soup of light, love, and sound.

To my amazement, Shay appeared in the light.

You could say he was the light.

He had a simple message to deliver.

I'm more than ok.

Please send my love to all my family and friends.

It was so great to hear from my dear old friend.

Shay was saying something dear to my heart.

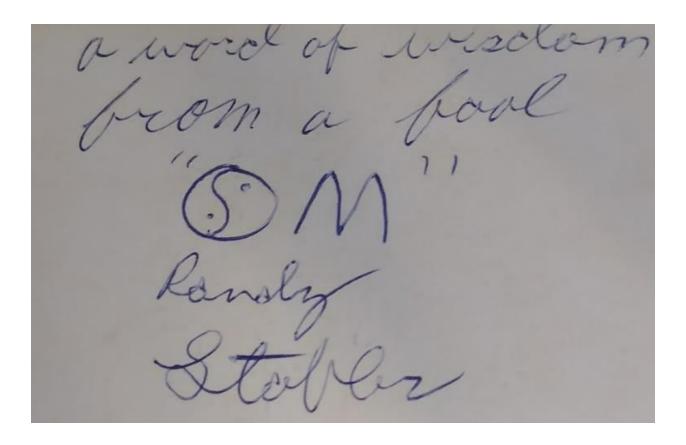
You are the universe and just don't know it.

Shay was in that state of oneness.

He was one with his creator.

He was home.

#### Randy Stabler



I just learned yesterday that a dear friend of mine Randy Stabler died last Friday.

In my high school yearbook, Randy wrote the following.

A word of wisdom from a fool.

Randy's one word was OM yet he used the letter O as a ying-yang symbol.

To be honest it was quite profound for its time.

Randy had a great heart.

My twin brother and I ran cross-country and track together with Randy.

He was always a delight to be around.

I last talked to Randy only a few months back.

He talked about his kids and spending time in Iraq.

Both of us love to cook.

We both love the ocean.

We had so much in common.

I would see incredible posts on Facebook with Randy and his six kids.

They all had an incredible love for each other.

The day he died all six kids were there.

What a beautiful way to leave this world.

Randy's body died yet his spirit is eternal.

His ashes were spread across the universe.

Randy is still alive.

Close your eyes and go into the silence.

You will sense Randy's presence.

Randy lives inside of your heart.

He is a part of you.

So whenever you are sad about your dear Dad leaving this planet remember he is a part of you.

Those glorious memories never go away.

They are a part of you.

Randy is riding the incredible wave of the universe.

He is a cosmic surfer now.

Some things never change.

They just transform and go into another dimension.

Love you, Randy.

We will see your shining face again.

#### Mafu

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## Closing



We are all hardwired to discover our true nature. The universe even installed the software and the operating system. Unfortunately, most of us have forgotten to turn on the computer of life.

We are so focused externally. During this pandemic, it's a perfect time to discover the jewel within. Yet

we are oblivious to our true nature.

Yet a river always returns to its source. Someday you will return to the infinite ocean of life. That is your true home.